

# FIVE BRANCHES UNIVERSITY

Graduate School of Traditional Chinese Medicine



## EXTENSION PROGRAM

2015 Catalog

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# Welcome to Five Branches University Extension Program

Dear Prospective Student:

This is an exciting time to be involved in the field of Traditional Chinese Medicine (TCM), specifically medical massage and qigong. Recognizing the historical growth of TCM as one of the oldest and most broad medical systems in the world, we have now expanded the University through our Extension Programs, offering specialty certificate programs in Asian bodywork and Medical Qigong.

Our Extension Programs offer courses for both beginners and experienced practitioners, and are designed with the intention of connecting students to the Asian roots of bodywork and Qigong through:

- A curriculum meeting the highest standards for massage therapy and clinical bodywork.
- Seminars with master teachers from throughout the United States and Asia.
- Advanced study abroad opportunities in Asia.

Celebrating a 5,000-year-old test of time, Traditional Chinese Medicine encompasses the following five distinct branches for maintaining and restoring the individual with the harmony of nature:

- Acupuncture
- Herbal Medicine
- Medical Massage and Bodywork
- Energetics (Qigong and Tai Ji)
- Nutrition and Dietetics

Today, Five Branches University continues its commitment to offering the highest level of training Traditional Chinese Medicine through our Extension Programs.

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which is provided to you prior to signing an enrollment agreement. Whether you are just beginning or are an advanced practitioner, I hope that you'll join us on this rewarding journey.

Sincerely,

Sumedha Goh  
Extension Program Co-Director  
San Jose

Catherine Ng  
Extension Program Co-Director  
San Jose

# **Extension Program Highlights**

## **Hands-On Clinical Training with TCM and Western Masters**

The Five Branches Extension Program directly immerses students at all levels of training in hands-on clinical work. The Asian Bodywork Clinician level of certification offers the highest level of clinical bodywork training available. Both TCM and Western faculty help students integrate both Eastern and Western approaches to the body into a successful system of bodywork and Qigong for the promotion of optimal health care.

## **Integration between Traditional Asian and Western Medical Theory**

The instructors in the Extension Program are experienced in both traditional Asian medical theory and Western anatomy and physiology. Students have a unique and exceptional opportunity to learn how the systems work together as one, and integrate these systems into the development of their own personal style of therapy. Ancient philosophy and energy medicine have an increasingly recognized scientific basis. The Five Branches' Extension Program integrates Chinese and Western anatomy and physiology in courses such as Orthopedic Tuina, Internal Organs and Points Description, and Applied Kinesiology courses.

## **Development of Self-Care and Professional Growth Skills**

Five Branches strives to create a place where everyone can grow. Our branches of Asian Bodywork and Qigong have been rooted for thousands of years in China, Japan, and Thailand. Today, these branches extend into our community and offer a cooling shade to a hectic life. Our goal is to help students cultivate internal awareness with practical bodywork skills that facilitate healing, growth and transformation. We maintain a supportive environment where students can learn the essential life skills that help fuel vital energy and health.

## **Development of Internal Awareness with Qigong Practice**

The Chinese view of life is based on the principles of harmony and balance. Chinese medicine and its theory provides a deep look into the human body. The fundamental principle of this perspective is the notion of Qi, the miraculous life energy that animates all living things. The way Qi flows through energetic channels defines the state of health within the body. The practice of Qigong plays an important role in all of our bodywork programs. Qigong empowers students to practice energetic forms of therapy. We encourage students to explore the cultivation of Qi and to enhance their sensitivity of energy for internal balance and healing.

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The Extension program catalog was published online on July 30, 2015, is effective through December 31, 2015 and is subject to change without notice. Any changes and/or edits are reflected and published in a catalog addendum. The Extension program catalog is a publication of Five Branches University Graduate School of Traditional Chinese Medicine, Santa Cruz and San Jose, California.

# **The University**

## **Two Campuses**

Five Branches University opened its first campus and health center in Santa Cruz, California in 1984, offering Traditional Chinese Medicine education and healthcare to the residents of this thriving, coastal Northern California town. In 2005, our main objective for opening the San Jose campus, located in the heart of Silicon Valley, was twofold: to provide the best of Traditional Chinese Medicine education and healthcare to this growing high-tech area; and to have a campus located in close vicinity to important university medical programs and hospitals such as Stanford Medical School and Kaiser Hospital.

## **Ten Programs**

Five Branches University offers ten programs related to Traditional Chinese and Integrative Medicine at its two California campuses:

### **Santa Cruz Campus**

- Master of Traditional Chinese Medicine (English)
- Master of Acupuncture (English)
- Asian Bodywork and Qigong Certification Programs (English)

### **San Jose Campus**

- Master of Traditional Chinese Medicine (English)
- Master of Traditional Chinese Medicine (Chinese)
- Master of Traditional Chinese Medicine (Korean)
- Master of Acupuncture (English)
- Doctor of Acupuncture and Oriental Medicine (English)
- Doctor of Acupuncture and Oriental Medicine (Chinese)
- Asian Bodywork and Qigong Certification Programs (English)

This catalog describes the Extension programs. The master's and doctorate programs are described in separate publications.

## **Mission and Purpose**

Five Branches University, Graduate School of Traditional Chinese Medicine, aims to set the standards for excellence in Traditional Chinese Medicine (TCM) education and healthcare. Five Branches University is dedicated to:

- Provide the highest level of professional education in Traditional Chinese Medicine and integrative medicine in the U.S. and internationally.
- Develop highly-skilled TCM clinical practitioners, educators and researchers.
- Advance the practice of TCM as an independent medical modality through clinical practice, education and research.

- Encourage professional collaboration among TCM practitioners, faculty, patients, and other medical providers to transform the worldview of healthcare; to recognize TCM as a significant component of world medicine.
- Support an international and diverse cultural community by offering our programs in three languages, and providing students the opportunity to study abroad.
- Foster a professional environment for faculty, staff and students to promote academic excellence as well as personal growth and development.
- Provide exceptional TCM and integrative medicine patient care to the community through the Five Branches University health centers.
- Educate the general public about the significant benefits of TCM healthcare through continuing education programs and community lectures.

## **Vision and Values**

Over the next 20 years, Five Branches University will evolve into an international university, teaching high-level TCM education in English, Chinese, and Korean and offering TCM healthcare in an integrative medicine environment throughout the U.S. and worldwide.

TCM philosophy views medicine as a compassionate response to human suffering. We will embrace this philosophy by encouraging supportive and humanistic academic and healthcare environments. Our faculty members will be chosen based not only on academic excellence but also on the passion they emanate while teaching and mentoring students. Our students will be chosen for academic competence as well as their compassion and commitment to serve others.

Four trends will influence our vision over the next 20 years:

An increasing number of patients will continue to seek highly qualified TCM practitioners as primary healthcare providers. TCM schools will continue to improve their programs to provide highly skilled TCM clinical practitioners to meet this growing demand.

TCM universities in China and medical experts in the U.S. will continue to collaborate and share their expertise in TCM and Western medicine, a vital component for the advanced development of TCM doctoral programs and research.

Scientists, researchers and medical institutions will continue to research the depth and efficacy of TCM, resulting in greater acceptance of Chinese medicine among medical professionals and medical schools in the U.S.

A greater demand for integrative healthcare will evolve as healthcare professionals join together to address the population's full health needs by educating one another about their work and collaborating to provide effective treatment, prevent disease and promote optimal well-being for patients.

## **Center for International Medicine and Education**

After eighteen years of educational and medical relations with China, Five Branches University formally established its Center for International Medicine and Education. With a mission to promote cultural and professional exchange, the Center brings experts and students from the U.S. and China together to participate in international conferences and programs in Traditional Chinese Medicine (TCM), integrative medicine, medical administration, and language.

The Center's most continuous activity is its Study Abroad program which offers Five Branches students and TCM practitioners the opportunity to travel to Asia to receive specialized TCM and integrative medicine training in an affiliated hospital and outpatient center at one of our five sister schools in China, Taiwan or Korea: Zhejiang Chinese Medical University, Liaoning University of TCM, Tianjin University of TCM, China Medical University, and Daejeon University. After training in the hospital, many participants make time to travel throughout China and Asia.

In April 2004, the Center for International Medicine and Education, in partnership with Zhejiang Chinese Medical University, hosted their first international conference, Treating Difficult Cases with Integrated Medicine. Six representatives from Five Branches University, including eminent doctors of both Western and Traditional Chinese Medicine, traveled to Hangzhou, China to present three research papers on TCM and integrative medicine.

The Center invited leading doctors from Stanford University and the University of California, San Francisco to attend the conference, along with other medical professionals from Europe and China.

Also in 2004, the Center, along with the Director of the Center for Education in Family and Community Medicine at Stanford University, organized a series of seminars on modern hospital administration. The seminars were presented to leaders of hospitals in Foshan, Chongqing and Shantou, China.

In Fall of 2008, Five Branches inaugurated two specialized medical centers: a Diabetes Center with Dr. Gan Ma of the Zhejiang Chinese Medical University Diabetes Center, and a Head Acupuncture Institute with Dr. Shunfa Jiao, the developer of Head Acupuncture in China.

In 2012, Five Branches, in partnership with Dr. Shi Xuemin, inaugurated the new Stroke and Rehabilitation Center at both of our campuses in Santa Cruz and San Jose, California.

From 2008 through 2014, the Center invited several renowned practitioners from China to teach in the Doctoral program and practice at the Five Branches health centers.

## **History of Five Branches**

Five Branches University was founded on an auspicious day: February 4, 1984, on Chinese New Year in the Year of the Mouse, at the beginning of a 60-year cycle. We had one classroom, a clinic with three treatment rooms, five teachers, 18 dedicated students, one patient a day, and one typewriter. Today we have two campuses, 14 classrooms, 38 treatment rooms, 200 teachers, 450 dedicated students, 1500 alumni, and we see 160 patients a day. We have grown.

From the beginning, it was our intention to invite Traditional Chinese Medicine practitioners to the West, to teach and transmit their precious knowledge of Chinese medicine and to share their subtle yet powerful ways of practicing medicine. The history of Five Branches began when several of these extraordinary yet humble practitioners of TCM accepted our invitation.

The essence of our success has been the quality and dedication of our faculty/practitioners. Jeffrey Pang, L.Ac., Joanna Zhao, L.Ac., and Lucy Hu, L.Ac., have been with us for over 30 years. Today, our faculty number over 200 distinguished members.

The most meaningful events of our history, however, are the memories of the hug and warm smile a patient gives one of our faculty members when they meet outside the clinic, the practitioner who shares how Chinese medicine saved their patient's life, and the heartfelt gratitude expressed by a graduate at their graduation for the gifts received from faculty during their time of study and training at Five Branches.

It is our comprehensive academic programs, the quality of teaching in both the classroom and clinic and the deep and sincere dedication of faculty, staff and students that have contributed significantly to the transmission of this incredible medicine into our communities and throughout the West.

## **History Highlights**

### **1984–1988**

Five Branches Institute is founded on February 4, 1984

Five Branches enrolls its first class of 18 students

Approved as degree-granting school by California Council of Education

Five Branches builds a modern seven-room clinic

### **1989–1993**

The Five Element Acupuncture program is established

Five Branches students travel to China for the annual Study in China program

The Medical Qigong program is established

## **1994–1998**

Five Branches Institute receives national accreditation

Five Branches expands the library, clinic and classrooms

Externship clinic program with community clinics is established

## **1999–2003**

The Sports Medicine program is established

Five Branches expands clinic to 22 treatment rooms

Five Branches and Zhejiang College of TCM to develop joint Doctoral/Ph.D. program

## **2004–2008**

Five Branches co-hosts the first International Conference on Integrated Medicine with Zhejiang Chinese Medical University in China

Five Branches establishes the San Jose campus, offering the TCM Master's Degree

Stanford doctors and staff explore cooperative education with Five Branches

The Doctor of Acupuncture and Oriental Medicine program is established

The Chinese TCM Master's Degree program is established at the San Jose campus

## **2009–2014**

Five Branches celebrates its 25 year anniversary

Korean Master's in Oriental Medicine program is established

Five Branches students travel to Taiwan for the annual Study Abroad program

Five Branches receives the maximum of 7 years institutional and Master's degree program re-accreditation

The DAOM program receives full accreditation

The Stroke and Rehabilitation Center is inaugurated

The Mind-Body Department is established

## **Accreditation & Approvals**

### **Institutional Accreditation**

Five Branches University is institutionally accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for freestanding institutions and colleges of acupuncture or Oriental medicine that offer such programs.

### **Doctor of Acupuncture and Oriental Medicine (DAOM) Program Accreditation**

The Doctor of Acupuncture and Oriental Medicine degree program of Five Branches

University is accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for programs preparing acupuncture and Oriental medicine practitioners.

### **Master of Traditional Chinese Medicine (MTCM) and Master of Acupuncture (MAc) Program Accreditation**

The Master of Traditional Chinese Medicine and the Master of Acupuncture degree programs of Five Branches University are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for programs preparing acupuncture and Oriental medicine practitioners.

ACAOM is located at 8941 Aztec Drive, Eden Prairie, MN 55347; phone (952) 212-2434; website – [www.acaom.org](http://www.acaom.org)

### **National and State Approvals**

Five Branches University is a private institution recognized, approved by, or is a member of the following national and state associations:

- National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)
- Council of Colleges of Acupuncture and Oriental Medicine (CCAOM)
- Title IV Federal Student Financial Aid Program, U.S. Department of Education
- U.S. Citizenship and Immigration Services (USCIS)
- U.S. Department of Homeland Security approval for foreign students
- Veterans Education, U.S. Department of Veterans Affairs
- California State Acupuncture Board, California State Department of Consumer Affairs
- California Bureau for Private Postsecondary Education, [www.bppe.ca.gov](http://www.bppe.ca.gov).

Five Branches University is a private institution approved to operate by the California Bureau for Private Postsecondary Education. Approval to operate means the institution is compliant with the minimum standards contained in the California Private Postsecondary Education Act of 2009 (as amended) and Division 7.5 of Title 5 of the California Code of Regulations.

### What You Should Know About Our State Re-Approval

Although this institution was approved to operate by the former Bureau for Private Postsecondary and Vocational Education, our pending application for re-approval to operate has not yet been reviewed by the Bureau for Private Postsecondary Education. For more information, call the Bureau for Private Postsecondary Education at (916) 574-7720, or toll free at (888) 370-7589, or visit its website at [www.bppe.gov](http://www.bppe.gov).

## **Board of Directors**

Board Chair: Angela Tu, L.Ac.

TCM Practitioner, Walnut Creek, California

President, National Federation of Traditional Chinese Medicine Organizations, USA

Ex-commissioner of: Accreditation Commission for Acupuncture and Oriental Medicine; California Acupuncture Board; National Certification Commission for Acupuncture and Oriental Medicine

Secretary: John K. Liu - Counsel, Lowenstein Sandler LLP, Palo Alto, California

Treasurer: Lar Short - Director, Grace Essence Mandala, Taos, New Mexico

Ron Zaidman, M.B.A., M.T.C.M., Doctoral Fellow

President and CEO, Co-founder of Five Branches University

Joanna Zhao, L.Ac., Doctoral Fellow

Vice-President Academic and Clinic Affairs, Co-founder of Five Branches University

Steven Vaccaro - Entrepreneur, Toronto, Canada

## **Local Community**

### **Santa Cruz**

Whose face doesn't light up when you mention Santa Cruz, California? At the top of the Monterey Bay crescent, Santa Cruz shines like an emerald between warm beaches and cool redwood forests. With a population that barely tops 54,000, Santa Cruz belies her small town size with big personality and endless possibilities for recreation and entertainment. Home to the University of California (UCSC) and Cabrillo College, Santa Cruz has a vibrant youth culture that keeps the community unique and up to date while still retaining a warm neighborhood feel.

### **Outdoors**

If you love fresh sea air, surf and the great outdoors, you have come to the right place. Blessed with mild weather and a gorgeous coastline, Santa Cruz has lured surfers, boaters, hikers and bikers for decades. Bursting at the seams with parks, beaches and open spaces, Santa Cruz County is one of the most beautiful places to find yourself outside.

### **Food and Local Agriculture**

One of the five branches of Chinese medicine is nutrition, and Santa Cruz makes it easy for you to find fresh, wholesome, local food at many restaurants, cafes and health food

markets. Nearby farms are represented at several farmers' markets located throughout the city, featuring fresh organic fruits and vegetables, locally caught seafood, artisan cheeses, fresh flowers and more.

### **Arts and Entertainment**

The creative denizens of Santa Cruz have made sure your experience here is steeped in art of every persuasion. Museums, art galleries, theater and dance troupes will keep your cultural calendar overflowing with options. Look forward to music every night of the week, thanks to a thriving local music scene. Downtown hosts a lively shopping district with bookstores, boutiques, restaurants and movie theaters catering to locals and visitors alike. The historic Santa Cruz beach boardwalk, home of the world famous Big Dipper roller coaster, is a seaside amusement park that has been a family destination for over 100 years.

### **San Jose**

In the heart of Silicon Valley, the mecca of high tech, San Jose is the largest city in Northern California. Attracted by mild Mediterranean weather and high wages, people from around the world have made their home in San Jose, creating the most ethnically diverse city in the nation. Add a low crime rate and a spacious, wide open feeling and you have one of the most livable, family-friendly locations in the west. The San Jose International Airport makes travel easy and proximity to San Francisco, Santa Cruz, and the wine country provide day trip destination getaways.

### **Outdoors and Athletics**

With 300 days of sunshine per year, you can imagine San Joseans take good advantage of their parks and open spaces. Many walking and biking trails within the city limits provide glimpses of nature during your green commute. Local sport fans are proud of their NHL hockey team the San Jose Sharks, as well as the major soccer league team the San Jose Earthquakes. These pro games are events you won't want to miss.

### **Food and Local Agriculture**

Once known more for apricots, plums and grapes than silicon, the fertile Santa Clara valley supplies a rich harvest of produce that can be seen on display at many area farmers' markets. As one of the oldest wine producing regions in California, Santa Clara valley has many wineries offering tours and tastings daily. Replete with international cuisine and fine restaurants, the quality and variety of dining experiences in San Jose are something to savor.

### **Arts and Culture**

Thanks to a special city ordinance, public art is on the rise in San Jose and many pieces can be seen throughout the city in parks and downtown areas. The celebration of art and culture continues with many community events, performance companies, galleries and museums, including the renowned contemporary San Jose Museum of Art. One of

the busiest venues in the world, the HP Pavilion hosts major musical acts, sporting events and conferences. The cosmopolitan Santana Row district combines shopping, dining, living and relaxing all in a beautiful tree-lined atmosphere.

### **Technology**

Silicon Valley slowly replaced the agriculture food companies which gave San Jose its initial nickname, "The Valley of the Hearts Delight." With a population of close to 4 million, Silicon Valley sits in the South Bay portion of the San Francisco Bay area. Home to many of the world's largest technology corporations it continues to be the leading hub for high-tech innovation and development.

## **Student Services**

The University provides a wide array of services to make your experience at Five Branches both rewarding and successful. Our student services include:

- Academic Advising
- Registration
- Health Services
- Library
- Communications
- Career Development
- Placement Assistance

### **Academic Advising**

The Extension administration team offers academic advising to assist you in the planning and completion of your program requirements. From enrollment through graduation, the administrative team will support you in your studies as a massage, qigong, and continuing education student.

### **Registration**

The Extension administration team ensures that determining your course schedule and registering for extension certification programs flows smoothly. During registration you may talk to our staff regarding specialized elective courses, and receive updates regarding changes in programs, campus facilities and support services.

### **Health Services**

The Five Branches Health Centers are a flourishing environment for both student education and quality healthcare. As a prospective student, you may receive a free acupuncture treatment during your tour of the campus.

### **Library**

The Santa Cruz and San Jose library collections contain a broad selection of over 6,000

books and 40 journals on Traditional Chinese Medicine, Western medicine, and related topics. The collection includes texts and journals in Chinese and Korean. The library has a modern web-based site detailing its holdings, offering extensive guidelines for research, and a wide variety of medical software and study and testing programs. The library provides wireless internet, copy and laser print services, and a professional librarian and staff to assist you. Library hours include evenings and weekends.

### **Communications**

The University maintains internet and data platforms to facilitate effective administration, student and alumni interaction. Communications include direct email, the university's web and blog sites, and social platforms such as Facebook, LinkedIn and Twitter.

### **Career Development**

The university offers on-going courses in practice management and marketing to assist you in your development as a successful massage practitioner. Five Branches supports the alumni association and promotes the exchange of ideas to foster professional development. Graduates are invited to share their expertise with students during on-campus lectures.

### **Placement Assistance**

Five Branches corresponds with professional organizations who may be looking for qualified massage graduates and regularly posts professional vacancies in the field of massage on the Five Branches University website under TCM Careers:  
<http://www.fivebranches.edu/student-life/career-development/career-opportunities/641>.

## **On Campus**

### **The Santa Cruz Campus**

Our Santa Cruz campus is located in a beautiful residential community one block from the beach on the Monterey Bay and close to the Santa Cruz Yacht Harbor. At the heart of the campus is the Five Branches health center, which has provided exceptional healthcare to patients since 1984.

### **The San Jose Campus**

The San Jose campus resides in a modern high-rise office building, a short commute from San Francisco and the beaches of Monterey Bay, and within walking distance of the prestigious Santana Row. A welcoming courtyard leads you to the entrance of both the health center and the University, where our English, Chinese and Korean Master's, our prestigious Doctoral programs, and our Extension programs reside. Here is a list of amenities our campuses have to offer:

## **Health Center**

Practitioners treat over 160 patients each day in our busy health centers. With a combined 38 treatment rooms, herbal pharmacies containing over 500 medicinal products, and expert patient care and clinical instruction, our health centers are the ideal place for practitioners and student interns to provide exceptional healthcare to their patients.

## **Classrooms**

Spacious classrooms and small class sizes provide the optimal environment for dynamic discussion and meaningful teacher-student interaction. The Santa Cruz campus has six fully furnished and equipped classrooms accommodating approximately 35 students each. The San Jose campus has eight fully furnished and equipped classrooms, providing ample instruction and meeting space to both faculty and students. Classrooms may be used for continuing education seminars and special presentations in fields related to Traditional Chinese Medicine.

## **Equipment and Materials**

Standard teaching equipment is provided in every classroom including: tables and chairs, white boards, computer and overhead projectors, video equipment, anatomical models, acupuncture charts, and treatment tables for training demonstrations. Classrooms used for clinical training are supplied with necessary supplies such as treatment tables, heat lamps, electronic stimulation machines, an herbal dispensary, and TCM reference texts.

## **Student Lounge**

A place to rest, nourish yourself and socialize, the student lounge is fitted with comfortable seating, tables for study, a kitchen to prepare meals, wireless internet, and a bulletin board to check out current campus events.

## **Library and Learning Resources**

The Five Branches University Library serves both the Santa Cruz and San Jose campuses; providing access to resources that support the instructional, clinical and research needs of students, faculty and staff. You may use the library during its hours of operation and may check out library resource materials using your Five Branches Student ID card. Library hours are posted at the beginning of each semester; hours vary by campus and semester.

As a new student, you will receive an orientation to the library within the first two weeks of enrollment. During this orientation, you will be given a general tour of the library including the computer lab, wireless internet, online catalog, and other available learning resources. You will be provided with a set of instructions and regulations for library use. For detailed information regarding library procedures and policies please refer to the Student Handbook or the Library and Research section of our website:  
<http://www.fivebranches.edu/student-life/108>

## **Administrative Offices**

The open, friendly and accessible administrative team considers students their top priority. Whether you need assistance to plan your class schedule or to voice your concerns, our administrative staff is available to assist you.

## **Conference Rooms**

Students, faculty and staff may reserve the conference rooms for confidential consultations and meetings.

## **Parking**

Both of our campuses have free, ample parking to accommodate the needs of students that commute.

## **Local Favorites**

At the Santa Cruz campus, one block from the beach, lunch breaks on the ocean are a favorite pastime. Enjoy one of the many restaurants within walking distance, pick up food at a local natural food store and have a picnic on the beach, or venture over to the neighborhood park, a great place to sit and enjoy the sunshine.

The San Jose campus has a bountiful supply of restaurant choices. Located within walking distance, Santana Row offers food from around the globe. Designed after the gracious shopping experiences in Europe, Santana Row offers students outdoor cafes, tree-lined walks, the latest fashions, and great people-watching.

## **Transportation**

Transporting yourself to the Santa Cruz campus is easy with two designated free parking areas, numerous bike racks, and a bus stop directly in front of the student lounge. To obtain information on the bus routes in the Santa Cruz area, go to <http://www.scmtd.com>.

The San Jose campus is conveniently located at the major freeway intersection of Highway 280 and Highway 880, making your commute to and from school a breeze. To obtain information on public transportation in the San Jose area, go to [www.511.org](http://www.511.org)

## **Housing**

Five Branches University's programs are non-residential and student dormitories or other housing is not provided. There are many available housing options in the area, from rooms available in a household to three bedroom-plus homes. Rental costs range from \$500-\$4500 per month based on size and location.

Five Branches University does not provide housing search assistance to students. Students in need of housing should arrive in Santa Cruz or San Jose six weeks before the beginning of the semester. The distance between the two campuses is 35 miles, a 40-minute drive. While it is possible to commute, students may wish to find housing closer to their home campus. The Five Branches website: <http://www.fivebranches.edu/student-life/on-campus/549>, provides a list of resources

to aid you in your housing search.

### **Campus Safety and Security**

The Clery/Campus Security Act of 1990 (Title II of Public Law 101-542) requires that all colleges and universities provide annual statistics on several specific categories of crime. This report is published by October 1st of each year on the Five Branches University website: <http://www.fivebranches.edu/five-branches-university/4095>.

Any crime occurring on campus or on streets and sidewalks directly adjacent to the campus must be reported to the Student Services Director at your affiliate campus in Santa Cruz: (831) 476-9424 or San Jose: (408) 260-0208.

## **Faculty**

### **Jillian Aronstam**

CMT

Instructor

Faculty Since 2012

In 1980, after completing a Master of Science degree in Clinical Community Psychology from San Jose State University, I felt incomplete. I realized that "talking" therapy could only take a person to a certain level of transformation. I was feeling an intuitive need to include the physical body as well in the therapeutic process. Through a series of meaningful synchronicities, I began studying an Acupressure method known as "Jin Shin Do" (The Way of the Compassionate Spirit). My teacher, Aminah Raheem Ph.D, had trained with Iona Teeguarden, the founder of Jin Shin Do. She held the missing link, teaching a way of working with an individual known as "Process- oriented Acupressure". This method was what I was seeking, "A truly holistic approach to healing where the body, mind, emotions and spirit are all acknowledged and honored simultaneously." I have worked with this system of health and healing for over 30 years. The power and gift of this process continues to amaze, delight and instruct me. For the past five years I have been a Massage Therapy instructor at Everest College in Campbell, California. I prepare students for certification and teach nine different Bodywork and Massage modalities. I am excited and honored to teach at Five Branches University.

### **Samson Cheung**

Ph.D.

Instructor

Faculty Since 2012

Samson Cheung has been studying the I-Ching since 1986. From years of studying the Chinese Classics, he gained a profound understanding of Chinese metaphysics, Feng

Shui, and Confucianism. In 2007, he helped established a nonprofit organization called the School of Yimutology where he teaches I-Ching and related subjects. Samson promotes I-Ching culture, Chinese philosophy and Confucianism by incorporating these Chinese theories and teachings into modern city life.

Samson graduated from the University of California, Davis with a Ph.D in Applied Mathematics. He received a Master of Arts in Applied Mathematics, Mathematical Physics, and a Bachelor of Science in Mathematics-Physics from the University of Maryland. After his employment at Boeing and Intel as a computer engineer, he joined the Application Performance & Productivity (APP) Group in the NAS Division at the NASA Ames Research Center to develop Earth Science Modeling Framework (ESMF) and create parallel computational code for tropical cyclones study.

**Thomas Dicklin**

L.Ac.

Instructor

Faculty Since 2012

Thomas Dicklin is a licensed acupuncturist with a Master's degree in Traditional Chinese Medicine from Five Branches University. He received Medical Qigong training with Dr. Jerry Alan Johnson at the International Institute of Medical Qigong, California. Thomas is a partner and acupuncturist at Communi-Qi Acupuncture in Santa Cruz, California, and is a faculty member of the Five Branches University Master's program, teaching in the departments of TCM Acupuncture, Western Medicine and Complementary Studies.

**Jim Gallas**

CMT

Instructor

Faculty Since 2008

Jim Gallas is a certified massage therapist (CMT), a certified hypnotherapist, a certified yoga instructor, and a Chi Kung and Shiatsu massage teacher. He has been leading inspiring, informative, and fun workshops since 1992. Jim teaches at Five Branches University, Esalen Institute, Twin Lakes College, and the University of California. He has taught seniors, children, high risk teenagers, the chronically ill, the vibrantly healthy, corporate hot shots in Silicon Valley, and villagers in foreign countries.

Jim is currently working on a series of instructional videos, is a member of a theater improv troupe, a published photographer, and the past owner of a successful vegetarian restaurant in New Zealand.

**Berget Jelane**

MFT

**Instructor**

**Faculty Since 2013**

Berget Jelane is a California licensed Marriage Family Therapist (MFT). She received a Bachelor of Science in Nursing, and a Master of Science in Marriage, Family and Child Counseling from San Jose State University in California.

Berget has been practicing meditation since 1986 and is a student of Gil Fronsdal. She coordinates the San Jose Insight Meditation Sangha and regularly teaches there. She is a graduate of Spirit Rock's Community Dharma Leader program and Sati Center's Chaplaincy Training. As a Buddhist Chaplain she also performs weddings. She teaches meditation weekly at Elmwood Women's Correctional Center in Milpitas. As a psychotherapist in private practice, she incorporates mindfulness and the understandings of Buddhist practice into her work with clients.

**Jessica Jing Lao**

L.Ac.

**Instructor**

**Faculty Since 2013**

Jessica Jing Lao has been a TCM skin rejuvenation specialist since 1995. She was a lecturer and Director for the Teaching Management Department at Zhejiang College of Traditional Chinese Medicine. Since 2010, she has taught TCM skin rejuvenation, basic theory of TCM, TCM diagnosis, herbs, food therapy, and Tai Chi to both local and foreign students at Zhejiang Chinese Medical University. Jessica's specialties include TCM facials, facial massage, facial acupoints massage, acne treatment with acupuncture and herbs, Chloasma treatment with acupuncture and herbs, weight loss treatment with acupuncture and herbs, beauty herbs, and beauty foods. Jessica's publications include: Dermatitis Treatment Using Herbs, Good Looking Breasts Exercise, and a thesis on TCM Treatment for Acne.

Jessica completed her Master's degree in TCM at Five Branches University in 2012. She graduated from Zhejiang Chinese Medical University with a specialty in Traditional Chinese Medicine (TCM) in 2004, and completed her Master Course of skin care at Huadou Beauty College of Hong Kong in 1994. She is a member of the TCM Beauty Committee, a branch of the National Traditional Chinese Medicine Association in China.

**Dr. Emma Lee**

D.O.

**Instructor**

**Faculty Since 2014**

Dr. Emma Lee holds a Doctor of Osteopathic degree from Western University of Health Sciences in California. After internships in Pediatrics and Family Practice at Newark Beth

Israel Children's Hospital in New Jersey and Northridge Medical Center in California, Emma practiced at a community health clinic in her hometown. She has taught for the American Red Cross and AmeriCorps. Her passion for osteopathic medicine led her to expand her education in Traditional Chinese Medicine at Five Branches University. In her free time, Emma enjoys illustrating, yoga, and rock climbing.

**Thomas Leichardt**

L.Ac.

Instructor

Faculty Since 2008

Thomas has great passion for the inner alchemy practices found in Daoism and other eastern traditions, both as a vehicle for self-transformation as well as a means to promote healing ranging from the physical to the spiritual. After completing massage certification, Thomas found energetic medicine to be his passion, and by 1999 he was deeply moved to the study and practice of medical qigong. By 2006, he completed the highest level of training and certification available from the International Institute of Medical Qigong and Henan University of TCM. While studying in China on five separate occasions, Thomas received lineage into the Dragon Gate sect of Daoism at Qingchengshan (青城山) in Sichuan. Through these experiences, and his deep commitment to the practices, Thomas has absorbed and embodied the essence of energy medicine and transformation. Thomas is also a licensed acupuncturist. He received his Master of Traditional Chinese Medicine degree from Five Branches University in 2012.

In addition to Thomas's study and practice of Daoist medicine and healing, he also has a very close association with the great Indian saint Mata Amritanandamayi, better known as Amma, or the hugging saint. He serves on staff for her tours in North America and abroad, absorbing her deep wisdom and compassion for the human condition. Thomas currently teaches medical qigong, energetic medicine, and core mysticism, while offering energetic healing sessions to his students and clients. For more information about Thomas go to: [www.inneralchemycenter.com](http://www.inneralchemycenter.com). Thomas Leichardt teaches for the Medical Qigong Program.

**Dan Lobash**

L.Ac.

Instructor

Faculty Since 2011

Dan Lobash was certified to teach Korean Hand Therapy, KHT, during a two year training program (1997-2000), by the founder of KHT, Dr. Tae Woo Yoo. After 10 years of clinical KHT practice, he now travels extensively teaching KHT throughout the U.S., Mexico &

Canada. Dan teaches at colleges, hospitals, professional conferences and privately sponsored seminars and webinars. He received a Master's degree in TCM from Five Branches University and is a graduate of the University of Minnesota, United States International University and the California Institute for Human Science. He lived, practiced and studied for one year with TCM doctors and interned at the TCM Traditional Medicine Hospital in Xiaman, China. He is published in the California Journal of Oriental Medicine; Pain Management: a Practical Guide for Clinicians, 6th Edition as well as Acupuncture Today.

**Mojgan Bina Moghaddam**

L.Ac., DAOM

Associate Professor

Faculty Since 2009

Bina Moghaddam received a Master's of Science degree in Traditional Chinese Medicine in 1996 from the Academy of Chinese Culture and Health Sciences in Oakland, California, and a DAOM degree in 2008 from Five Branches University. She has had extensive apprenticeships with several masters of Traditional Chinese Medicine including Dr. Miriam Lee. She practices her own unique style of acupuncture treatment combining the trainings she obtained from her mentors, and treats a broad spectrum of ailments, including general internal and preventive medicine, pain management, gynecological diseases, weight management, and cosmetic and facial rejuvenation acupuncture.

Bina has worked at Kaiser Permanente, San Jose for the past 12 years, is a consultant for the Osher Center for Integrative Medicine, UCSF, and has worked at Stanford as part of a research team studying the impact of acupuncture. She also has a private practice at Healthstyle, an integrative medical center in Campbell. She has many years of experience as a clinician, lecturer, and researcher in the field of Chinese Medicine. Her lifelong passion is to help others through compassionate healing to achieve their optimum state of health and well-being.

**Luca Moschini**

Dipl. ABT (NCCAOM)

Instructor

Faculty Since 2009

Luca Moschini, Dipl. ABT (Asian Bodywork Therapy) is the founder and head instructor of DaShenSM Foundation of Acupressure and Qigong Training. He carries on the tradition he was taught by his teachers, Janet Oliver and Brian O'Dea, who studied with highly advanced Tai Chi, Qigong and Jin Shin Jyutsu masters. These masters include: Sifu Tsuei, Cheng Man Ching, Kiko Matsumoto, Simu Ou Yang Min, and Mary Burmeister. Luca travels extensively to share the teachings of Acupressure and is currently a faculty

member of Five Branches University. He has a private practice in California and Oregon and is nationally certified through the NCCAOM (National Commission Certification of Acupuncture and Oriental Medicine).

**Brian O'Dea**

L. Ac., Dipl. Ac. (NCCAOM), Dipl. ABT

Instructor

Faculty Since 2014

Brian O'Dea, L.Ac., has over 40 years of martial arts, meditation, and health care practice. He is the teacher of the "Winds and Waters" Tui Na Certificate program, and the Acupressure Emotional Balancing program. Brian created and developed the "Winds and Waters" style of Tui Na over a period of several years. As a Senior Instructor, he taught "Winds and Waters" Tui Na bodywork, Acupressure, Tai Chi, Qi Gong, and Traditional Chinese Philosophy at the Acupressure Institute and other schools since 1988.

Brian completed over 1000 hours of study at the Acupressure Institute, and received a Master of Science in Traditional Chinese Medicine from the Academy of Chinese Culture and Health Sciences, becoming a licensed acupuncturist in 1988. He has studied Jin Shin Jyutsu with Mary Burmeister and Pat Meador, and Qi Gong with Simu Ou Yang Min for over 25 years. Brian has studied Yang style Tai Chi Chuan with Prof. Cheng Man Ching and Aikido with Lou Kleinsmith, as well as Qi Gong, Tai Chi, Acupuncture, Tui Na, and Taoist Philosophy with Sifu Tsuei Wei since 1975.

**Janet Oliver**

L. Ac., Dipl. Ac. (NCCAOM), Dipl. ABT

Instructor

Faculty Since 2014

Janet Oliver, L.Ac., has practiced and taught Acupressure and Traditional Chinese Medicine for over 25 years. Janet began as a practitioner and instructor in Asian Bodywork Therapy at the Acupressure Institute in 1982, completing over 1000 hours of study. She received a Master of Science in Traditional Chinese Medicine from the Academy of Chinese Culture and Health Sciences in California, becoming a licensed acupuncturist in 1988.

Janet became a faculty member of Jin Shin Jyutsu in 1993. She has taught at various acupuncture and bodywork schools in California, where she developed the curriculum for her 500-hour Acupressure Therapy Program and wrote four textbooks. She has taught throughout the United States and internationally.

Janet is delighted to return to Five Branches University Extension, where she taught previously from 2008-2009. She brings a wealth of joy, education, and experience into

the classroom. Janet studied Qi Gong with Simu Min Ou Yang for ten years, and apprenticed with Dr. Alex Feng in Acupuncture for several years. In addition, Janet studied Jin Shin Jyutsu for many years with Mary Burmeister, Rosen Bodywork with Marion Rosen, and Body Psychology with Dr. Barry Green. Janet teaches Art of Acupressure, due to the joy, nurturing qualities, and effectiveness she finds in this modality.

### **Dat On**

L.Ac., DAOM Fellow

Instructor

Faculty Since 2012

Dat On received a Master's in Traditional Chinese Medicine degree from Five Branches University and is currently enrolled in the DAOM program. He has been a licensed acupuncturist since 2011.

Dat is the founder of Serendipity Integrative Health located in Stockton, California. One of his specialties is helping cancer patients with time-tested traditional therapies.

### **Heerei Park**

R.N., L.Ac., DAOM

Assistant Professor

Faculty Since 2006

Heerei Park received a Master's in Traditional Chinese Medicine and a Doctorate in Acupuncture and Oriental Medicine from Five Branches University. She graduated from Seoul National University College of Nursing, Korea in 1977 and worked at Dominican Hospital in Santa Cruz, California on the oncology and med-surgical units. Heerei is a licensed acupuncturist specializing in pain management, women's health and internal medicine. In her free time she enjoys traveling, cooking and gardening.

### **Fa Jun Christopher Real**

CMT

Instructor

Faculty Since 2009

Rev. Fa Jun Christopher Real has been practicing Qigong since 1994. He is a certified bodyworker specializing in Asian Bodywork, received the highest level of training in Medical Qigong, and is a certified yoga instructor. His main teacher is Sifu Steven Baugh through the Lohan Spiritual and Cultural Center, who has transmitted lineages in Taijiquan (yang and chen style), Shaolin Kung Fu, Qigong, QuanZhen Daoism, and Cha'n Buddhism. He is also an associate instructor in the Universal Healing Dao system.

Fa Jun's teaching style is a fusion of traditional training with modern methodology to enable one to feel and work with their inner energy quickly and effectively. Fa Jun Christopher Real teaches in the Masters Department of Complementary Studies and for the Extension program.

**Eleonor Seiff-Mendelson**

L.Ac., DAOM

Assistant Professor

Faculty Since 2008

Eleonor Mendelson received her Master's Degree in TCM from Five Branches University and then continued her studies to earn her doctorate degree, with an emphasis on pain management and endocrinology. Prior to enrolling at Five Branches University, Eleonor worked for over a decade as a physical therapist in hospitals, out-patient clinics and in-home care in her home country, Israel. She was also a lecturer on behalf of the health education department.

Since graduating from Five Branches University in 2000, she has worked as the Admissions Director and is also in private practice at the Five Branches Santa Cruz Health Center. Eleonor joined the Five Branches faculty in 2008 and currently teaches in the Department of Acupuncture. Beyond her professional duties, Eleonor is a wife and mother to two daughters. She enjoys cooking, taking care of her bonsai plants, making jewelry, and dancing Zumba.

**Shawn Shangpeng Si**

L.Ac., DAOM Fellow

Instructor

Faculty Since 2014

Shawn Shangpeng Si began teaching Tuina Massage for the Five Branches University Master's program in 2013. He received a Bachelor of Medicine in Traditional Chinese Medicine (2007), and a Master of Medicine in Clinical Medicine (2009) from Shandong University of Traditional Chinese Medicine in China. From 2011-2013, he served as a physician at the Healthy Service Center of Anzhen Community in Beijing, and from 2009-2011 he served as a physician at Qingdao Orthopedic Hospital of Shandong Province. Shawn served as the President of the Tai Chi Chuan Association of Shandong University of Traditional Chinese Medicine from 2002-2004. Shawn is currently enrolled in the Five Branches University DAOM program. His hobbies include Tai Chi Chuan, music, photography, calligraphy and badminton.

**Anthony Su**

M.D. (China), Ph.D.

Professor

### **Faculty Since 2002**

Dr. Anthony Su became a medical doctor after graduating from the Fourth Military Medical University in Xi'an China in 1965. He received a Ph.D. in Medicine and Pathology from the Royal Postgraduate Medical School, University of London in 1987. Dr. Su followed his Ph.D. with postdoctoral work at the Bristol University Medical School in England.

Dr. Su has taught and researched in biomedical sciences in China, Sweden (Uppsala University), Denmark (Aarhus University), Austria (Pathological Anatomy Institute in Salzburg), Antigua (Antigua Medical School), and the United States (Texas University). He is the former President of The Chinese Histochemistry and Cytochemistry Society.

Dr. Anthony Su teaches for the Five Branches Master's program in the Department of Western Medicine, and is a faculty member of the Doctoral program.

### **Jacquelyn VanDeusen-Byrd**

L.Ac., Dipl. O.M. (NCCAOM)

Instructor

Faculty Since 2011

Jacquelyn VanDeusen-Byrd is a licensed acupuncturist and herbalist in California and a Diplomate of Oriental Medicine, certified by the NCCAOM. She received a Master's Degree in Traditional Chinese Medicine from Five Branches University in 2010, and a Bachelor of Science in Business Administration from California State East Bay, Hayward in 1988.

### **Corrine Wang**

N.D.

Instructor

Faculty Since 2012

Dr. Corrine Wang is a licensed Naturopathic Doctor currently practicing at Pacific Naturopathic in Mountain View. She is originally from the Bay Area and worked previously in San Jose as a product engineer for a semiconductor company. Being drawn to the health field, Dr. Wang decided to pursue her interests in holistic medicine, receiving her Naturopathic medicine degree from Bastyr University in Seattle, Washington. As a Naturopathic doctor, she is committed to assisting others to achieve balance and wellness in their lives. She believes in treating the whole person and supports each individual's healing process with the most effective, least invasive methods possible.

Dr. Wang provides alternative, natural solutions to a variety of conditions including

anxiety and depression, fatigue, digestive disorders, allergies and asthma, thyroid disorders, diabetes, cardiovascular disease, and women's issues. The therapies she uses include clinical nutrition and dietary therapy, herbal and nutritional supplements, homeopathy, detoxification, and craniosacral therapy. Dr. Wang believes in mind-body medicine and supporting mental health along with physical health. She has experience with biofeedback, meditation, and other counseling techniques. To learn more about Dr. Wang, please visit her website at [www.drcorrinewang.com](http://www.drcorrinewang.com).

**Dina Woo**

L.Ac., DAOM

Instructor

Faculty Since 2014

Dina Woo has practiced Chinese Traditional Massage for over 36 years. She received massage training in China and Hong Kong and after many years of practice developed strong hands and gained extensive experience in treating headaches, shoulder, neck, and sciatic pain. In practice since 1987, she finds painful acupressure points and relieves pain through special techniques on the affected meridians.

In 2002, Dina was invited to give several lectures to massage therapists at the American Massage Therapy Association (AMTA) in California. However, she found herself inadequate in speaking English massage-related vocabulary. She decided to return to school and completed two years of study at the City College of San Francisco, taking courses such as anatomy and physiology. In 2003, she enrolled in acupuncture school with the desire to enhance her knowledge. She received a Master of Science in Traditional Chinese Medicine from the Academy of Chinese Culture and Health Sciences in California (2006), and a Doctor of Acupuncture and Oriental Medicine from Five Branches University in 2009. Her graduating thesis was: Chinese Acupuncture and Massage for Migraines.

Now, Dina Woo is getting close to her retirement, even though she is still very strong and capable. She wants to take time off from her busy clinic and share her many years of experience with others who are willing to learn.

**Danling Zhang**

L.Ac., M.D. (China), DAOM

Professor

Faculty Since 2002

Danling Zhang was educated and trained in both Western and Chinese medicine in China. She was deeply influenced by her family who believed in Chinese medicine. After graduating from Liaoning University of Traditional Chinese Medicine in 1991, she became a physician acupuncturist and instructor at the university's affiliated hospital.

She finished her two-year residency at Dandong Women's and Children's Hospital before she entered her three-year Master's program, doing acupuncture research on thyroid diseases. After receiving her Master's degree, she was appointed as an instructor and supervisor at the affiliated hospital of the college. Danling received her Doctor of Acupuncture and Oriental Medicine degree from Five Branches University.

Danling has published numerous papers on eye acupuncture, muscle channel theory and thyroid diseases. She practices at the Integrative and Sports Medicine Center with Frank He in Sunnyvale and teaches in the Masters department at Five Branches University. For more information go to: [www.HeCares.net](http://www.HeCares.net).

**Joanna Zhao**

L.Ac., Dipl.Ac. (NCCAOM), DAOM  
Senior Professor  
Vice President & Academic Dean since 1984

Joanna Zhao is the Vice President, Academic Dean and Senior Professor at Five Branches University since 1984. She taught TCM and interpreted (Chinese-English) lectures in international programs at diverse Shanghai hospitals from 1975-1980. Dr. Zhao's education includes: the DAOM program at Five Branches University (2006); Advanced Studies in TCM at Zhejiang College of TCM, Hangzhou, China (1994); Shuguang Hospital of Shanghai University of TCM (1992); Advanced Anatomy at UCSF and CCAA, San Francisco (1985-86); Nursing & Music at College of San Mateo (1981-84); Chinese Literature and TCM History in Huadong Normal University, Shanghai, China (1974-76); and Acupuncture and Integrated Medicine Program in Shanghai University of Traditional Chinese Medicine, Shanghai, China (1970-74).

**Harry Zuohong Ding**

L.Ac., DAOM Fellow  
Instructor  
Faculty Since 2014

Harry Zuohong Ding is a licensed acupuncturist in both Florida and California. He is the fifth generation of Menghe Medicine lineage- a traditional school of thought that originated from the Ming and Qing Dynasties, uniting diverse traditions of medical learning theories into one integrated medicine system based on ancient principles of practice.

Harry received a Master of Oriental Medicine degree from the Atlantic Institute of Oriental Medicine in Florida, a Bachelor degree in Traditional Chinese Medicine from Shanghai University of TCM in China, and is currently a DAOM Fellow at Five Branches University. He worked in the Department of Rheumatism in Longhua Hospital in 2010, specializing in the treatment of rheumatism, rheumatoid arthritis and other related

diseases. Harry currently teaches Review and Assessment for the Master's program at Five Branches University.

## **Five Branches University Administration**

### **University Administration**

Presidency

Ron Zaidman, President and CEO (831) 476-9424, ext 38 [president@fivebranches.edu](mailto:president@fivebranches.edu)

Academic Affairs

Joanna Zhao, Academic Dean and Clinic Director (831) 476-9424, ext 42 [dean@fivebranches.edu](mailto:dean@fivebranches.edu)

### **University Health Centers**

Santa Cruz Health Center

(831) 476-8211

[clinic@fivebranches.edu](mailto:clinic@fivebranches.edu)

San Jose Health Center

(408) 260-8868

[sjclinic@fivebranches.edu](mailto:sjclinic@fivebranches.edu)

### **Campus Administration**

#### **SANTA CRUZ CAMPUS**

200 7th Avenue, Santa Cruz, CA 95062

(831) 476-9424

[receptionist@fivebranches.edu](mailto:receptionist@fivebranches.edu)

Master of Traditional Chinese Medicine (MTCM) Program

English MTCM Program

Eleonor Mendelson, Admissions Director

(831) 476-9424, ext 31

[admissions@fivebranches.edu](mailto:admissions@fivebranches.edu)

Extension Programs

Chad Lanphear, Program Director

(831) 476-9424, ext 41

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Financial Aid

Mecca Matilda, Financial Aid Director

(831) 476-9424, ext 33

[finaid@fivebranches.edu](mailto:finaid@fivebranches.edu)

Student Services

Ana Lobato

Registrar and Director of Student Services

(831) 476-9424, ext 32

[studentservices@fivebranches.edu](mailto:studentservices@fivebranches.edu)

**SAN JOSE CAMPUS**

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(408) 260-0208

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Programs and Admissions

Master of Traditional Chinese Medicine

(MTCM) Program

English MTCM Program

Nancy Burns, Associate Admissions Director

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Chinese MTCM Program

Jasmine Huang, Admissions Director

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Korean MTCM Program

Heerei Park, Program Director

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Student Services

Ling Zhang, Registrar

(408) 260-0208, ext 234

[sjadmin@fivebranches.edu](mailto:sjadmin@fivebranches.edu)

## Extension Program

### Mission and Purpose

The mission and purpose of the Five Branches Extension Program is to:

- Provide exceptional clinical training in Asian bodywork and Qigong
- Develop highly-successful professional practitioners through a supportive environment that fosters self-care for growth, health and longevity
- Create a bridge between Asian and Western bodywork approaches by integrating these methodologies in supervised clinical practice
- Enable students to learn directly from highly skilled instructors from the United States and Asia, and from a core faculty that integrates Asian healing arts and Western clinical assessment skills

### Educational Objectives

After completion of the Asian bodywork and/or Medical Qigong program, the student will be able to:

- Understand basic Western and Asian theory applied to health and prevention of disease
- Assess energetic imbalances through the paradigm of Traditional Chinese Medicine
- Conduct clinical assessments for Asian bodywork and/or Medical Qigong that encompass both Eastern and Western perspectives
- Assess orthopedic and neuromuscular conditions
- Provide skills in self-care education for clients
- Develop self-care techniques and grow as a professional in performance and longevity
- Utilize techniques to promote health and restoration of many energetic and

physical imbalances

- Understand the foundations of Asian forms of bodywork
- Demonstrate skills necessary to perform various styles of Asian bodywork

## **Our Vision**

Our vision is to help students cultivate internal awareness with practical bodywork or Medical Qigong skills, to facilitate healing, growth and transformation. We maintain a supportive environment where students can learn the essential life skills that help fuel the Three Treasures—vitality, energy, and spirit.

## **Extension Program Overview**

### **Hands-On Clinical Training with TCM and Western Masters**

The Five Branches Extension Program directly immerses students at all levels of training in hands-on clinical work. The Asian Bodywork Therapist level of certification offers the highest level of clinical bodywork training available. Both TCM and Western faculty help students integrate both Eastern and Western approaches to the body into a successful system of bodywork and Qigong for the promotion of optimal health care.

### **Integration between Traditional Asian and Western Medical Theory**

The instructors in the Extension program are experienced in both traditional Asian medical theory and Western anatomy and physiology. Students have a unique and exceptional opportunity to learn how the systems work together as one, and integrate these systems into the development of their own personal style of therapy. Ancient philosophy and energy medicine have an increasingly recognized scientific basis. The Five Branches' Extension Program integrates Chinese and Western anatomy and physiology in courses such as Orthopedic Tuina, Internal Organs and Points Description, and Applied Kinesiology courses.

### **Development of Self-Care and Professional Growth Skills**

Five Branches strives to create a place where everyone can grow. Our branches of Asian Bodywork and Qigong have been rooted for thousands of years in China, Japan, and Thailand. Today, these branches extend into our community and offer a cooling shade to a hectic life. Our goal is to help students cultivate internal awareness with practical bodywork skills that facilitate healing, growth and transformation. We maintain a supportive environment where students can learn the essential life skills that help fuel vital energy and health.

### **Development of Internal Awareness with Qigong Practice**

The Chinese view of life is based on the principles of harmony and balance. Chinese

medicine and its theory provides a deep look into the human body. The fundamental principle of this perspective is the notion of Qi, the miraculous life energy that animates all living things. The way Qi flows through energetic channels defines the state of health within the body. The practice of Qigong plays an important role in all of our bodywork programs. Qigong empowers students to practice energetic forms of therapy. We encourage students to explore the cultivation of Qi and to enhance their sensitivity of energy for internal balance and healing.

## **Asian Bodywork Certification**

### **Asian Bodywork Therapist: 500 Hour Certificate Program**

The 500-hour Asian Bodywork Therapist Certificate qualifies students to apply for the California State Certified Massage Therapist (CMT) license through the California Massage Therapy Council (CAMTC), which will allow you to practice statewide.

Prerequisite: High school diploma, GED or equivalent

| Required Courses                                   | Hours   |
|--|---------|
| ECT 100: Theory of Traditional Chinese Medicine I  | 30 hrs  |
| EEL 100/EQG 100: Medical Qigong I                  | 32 hrs  |
| EWM 100: Anatomy                                   | 45 hrs  |
| EWM 200: Physiology                                | 45 hrs  |
| EWM 300: Pathology                                 | 40 hrs  |
| EWM 400: Kinesiology                               | 40 hrs  |
| ECS 101: Professional Ethics & Business Management | 20 hrs  |
| Bodywork Courses                                   | 200 hrs |
| ECL 101 Supervised Clinical Practice               | 48 hrs  |
| Total Hours  | 500 hrs |

|                 |        |
|-----------------|--------|
| Optional Course |        |
| ECS 400 Review  | 20 hrs |

## **200-Hour Acupressure Emotional Balancing Certificate Program – San Jose Campus**

The 200-Hour Acupressure Emotional Balancing Certificate Program, offered at the San Jose campus, includes 13 weekend courses, which integrate Traditional Chinese and Japanese Bodywork.

This program is unique, in its comprehensive approach of Asian Bodywork Therapy for harmony of the body, mind, and spirit, with specialization in emotional balance. The primary modality is Acupressure, which is similar to acupuncture without needles, as points are held with the fingertips rather than needled. The dynamic form of Tui Na Chinese bodywork, based on Tai Chi and Qi Gong exercises, is included, as well.

Western science now has definitive data supporting the powerful link between physical health and emotional outlook. In this valuable program, students learn to balance an individual's emotions, mind, and body for a greater sense of well-being and vitality. Receivers are fully clothed.

This program is for beginners or advanced students in Asian Bodywork Therapy, for Acupuncture students or Acupuncturists, or for individuals seeking a Wellness Program with natural health benefits. This program integrates well with our "Winds and Waters Tui Na" Massage Certificate Program.

The 200-Hour Acupressure Emotional Balancing Certificate courses are on weekends and are 15 or 16 hours each. The courses are listed below:

| <b>Required Course</b>  | <b>Hours</b> |
|---|--------------|
| EEB 100: Foundations of Acupressure Emotional Balancing             | 15 hrs       |
| EEB 110: Meridians (Lu, LI, St, Sp): Paths of Breath and Nurturance | 16 hours     |
| EEB 120: Meridians (H, SI, B, K): Paths of Spirit & Destiny         | 16 hrs       |
| EEB 130: Meridians (P, TW, GB, LIV): Soul's Path to Oneness         | 16 hrs       |
| EEB 140: Tai Chi/Qi Gong, Tui Na, and Cupping                       | 15 hrs       |
| EEB 300: Attitudes, Meridians, and Special Flow Patterns            | 16 hrs       |

|   |         |
|---|---------|
| EEB 310: Body Psychology  | 16 hrs  |
| EEB 320: Extraordinary Vessels for Yin & Yang Emotional Aspects | 15 hrs  |
| EEB 330: Meridian Tui Na & Magnets                              | 15 hrs  |
| EEB 340: Assessing the Pulse, Tongue, Posture, and Movement     | 15 hrs  |
| EEB 410: Five Elements and Five Spirits                         | 15 hrs  |
| EEB 500: Case Studies   | 15 hrs  |
| EEB 600: Apprenticeship Training: Putting It All Together       | 15 hrs  |
| Total Hours   | 200 hrs |

## 72-Hour Winds and Waters Tui Na Certificate Program

Brian O'Dea's unique style of Winds and Waters Tui Na is based on the rhythm and spirit of Tai Chi, utilizing Tai Chi stances and hand movements during Tui Na sessions. It is a system of balance and homeostasis, where the practitioner and the recipient together move towards health. With this style, the beauty of Tai Chi is expressed in Tui Na bodywork: balancing Yin & Yang, Chi & Blood, and Feng Shui (Winds and Waters.) In this way, students learn to navigate life, moving in the flow of the wind with sails and the flow of water with oars.

| Required Courses  | Hours  |
|---|--------|
| EWW 101: Winds and Waters Tui NA Basics: Rhythm and Spirit of Tai Chi | 24hrs  |
| EWW 102: Winds and Waters Advanced TuiNa: Dynamic Range of Motion     | 24hrs  |
| EWW 103: Winds and Waters Advanced TuiNa: Active Point Combinations   | 24hrs  |
| Total Hours   | 72 hrs |

## Medical Qigong Certificate Program

Five Branches University is the first accredited acupuncture school in the U.S. to pioneer a comprehensive Medical Qigong (also known as Qi Gong, Chi Gong, or Chi Kung)

Certificate Program. We offer two sequential Medical Qigong certificates: Self Cultivation and Medical Qigong Therapist (MQT) certificates.

### **Level I: Self Cultivation Certificate**

The Self Cultivation 64-hours Certificate program, available at both the San Jose and Santa Cruz campuses, is a two-course qigong training program designed to enhance your awareness of energy within and around yourself. You will learn esoteric Medical Qigong terminology, energetic anatomy and physiology, and how external and internal pathogenic factors can affect health. Dynamic instructor guidance with purifying qigong exercises, energizing standing meditations and exploration into the nuances of Qi offer detailed structure on how to practice Medical Qigong exercises for personal health benefits.

| Required Medical Qigong Courses             | Hours |
|---|-------|
| EMQ 310: Medical Qigong 1: Self-Cultivation | 32hrs |
| EMQ 320: Medical Qigong 2: Shengong Skills  | 32hrs |
| Total Hours                                 | 64hrs |

### **Level II: Medical Qigong Therapist (MQT) Certificate**

The Medical Qigong Therapist (MQT) 650-hour Certificate program, offered at Five Branches University's San Jose campus, is a powerful journey through deep self-healing as a means to awaken your ability to help others heal. The journey begins with self-cultivation, all of which is a basis for developing and unveiling your innate ability to invoke, direct, and modulate universal and biological energy in medical qigong treatment. You will gain a profound inner awareness, as well as sensitivity to read and assess your patient's energetic matrix. You will learn how to direct energy for healing through purging, tonifying, and regulating techniques and will know which qigong exercises to teach your patients or clients based on their particular needs and patterns of disharmony.

Upon completing the MQT certificate, you will be proficient in:

- Self-cultivation and profound inner awareness
- Daoist and traditional Chinese medicine theory
- Energetic sensitivity, assessment, projection, and modulation
- Medical qigong treatment for a wide variety of conditions
- Prescription of qigong exercises specific to a patient's needs and condition

| Required Core Classes  | Hours |
|--|-------|
| EWM 100: Anatomy   | 45hrs |
| EWM 200: Physiology  | 45hrs |
| ECT 100: Theory of Traditional Chinese Medicine I                                      | 30hrs |
| ECT 200: Theory of Traditional Chinese Medicine II                                     | 30hrs |
| ECT 300: TCM Diagnosis   | 68hrs |
| ECS 200: Professional Ethics & Business Management                                     | 16hrs |
| Required Medical Qigong Courses  | Hours |
| EMQ 310: Medical Qigong 1: Self-Cultivation  | 32hrs |
| EMQ 320: Medical Qigong 2: Shengong Skills   | 32hrs |
| EMQ 330: Medical Qigong 3: Clinical Foundations of Medical Qigong Therapy              | 32hrs |
| EMQ 340: Medical Qigong 4: Advanced Theory and Clinical Application                    | 32hrs |
| EMQ 410: Medical Qigong 5: Sensory, Intuitive, and Perceptual Diagnosis                | 32hrs |
| EMQ 420: Medical Qigong 6: Medical Qigong Dao Yin Therapy and Rectifying Qi Deviations | 32hrs |
| EMQ 430: Medical Qigong 7: Intro to Medical Qigong Therapy for Special Conditions      | 32hrs |
| EMQ 440: Medical Qigong 8: Energetic Anatomy and Physiology                            | 32hrs |
| EEL: Elective *  | 32hrs |

|             |        |
|-------------|--------|
| ECL: Clinic | 128hrs |
| Total Hours | 650hrs |

**\*Elective:** You can select from a varieties of classes including:

- Medical Qigong Retreat to China
- The Twelve Officials
- Meditation
- Acupressure/Tuina Massage I
- Tai Chi
- Acupressure/Tuina Massage II
- TCM Qi from I-Ching Perspective
- Other bodywork classes
- Reiki
- Medical Spanish

## Course Descriptions

### Theory

#### TCM Theory I

ECT 100/ ATH 110    30 Hours

This course is designed to introduce the theories that form the foundation of traditional Chinese medicine. These include yin and yang, the five elements, the concept of Qi, the vital substances, and meridian theory. Students will learn the anatomical location of the meridians as well as the locations and functions of important acupuncture points.

Prerequisite: None

#### TCM Theory II

ECT 200/ ATH 210    30 Hours

In this course students will learn the functions of the internal organs as viewed from the traditional Chinese medical perspective. This will include a thorough investigation into the functions and typical signs of imbalance of the Zang (yin organs) and Fu (yang organs). Students will become familiar with specific evaluation skills including but not limited to San Jiao theory, the Eight Principles, the Four Levels, and the external and

internal causes of disease.

Prerequisite: TCM Theory I

### **TCM Diagnosis /Lab**

ECT 300/ ATH 310    68 Hours

In this course, students will learn the four diagnostic methods: inspection, inquiring, auscultation/olfaction and palpation. These methods are the backbone of TCM diagnosis and are used to collect and organize patient's signs and symptoms. Among them, complexion, pulse, and tongue diagnosis are unique methods in TCM. The course continues with in-depth instruction on methods of pattern identification, one of the most important characteristics of TCM. The lab focuses on assisting students in acquiring skills, accuracy and confidence in performing a patient history and physical exam using TCM assessment methods. In this class, students will solidify and put the information learned in Theory I and II into practice.

Prerequisites: TCM Theory I & II

## **Western Science**

### **Anatomy**

EWM 100/ AWS 110    45 Hours

This course is designed to give students practical hands-on experience in locating, palpating, and defining the location of various muscles and anatomical landmarks. Students will learn the structure and function of the skeletal and muscular systems including the origins and insertions of the major muscles. This class explores anatomy through the perspective of TCM. Students will learn the theory of the channels including their functions, and pathologies. They will develop their meridian and point location skills through in depth palpation and anatomical location.

Prerequisite: None

### **Physiology**

EWM 200/AWS 220    45 Hours

This course examines the principles of human physiology, general properties and functions of the living cell and the internal environment. The course will systematically cover the nervous, cardiovascular, respiratory, and endocrine system; with an emphasis placed these organ systems have effect on the musculoskeletal system. It is designed to meet the specialized needs of massage students as well as understanding the physiological effects that massage has on the body.

Prerequisite: Anatomy

### **Pathology**

**EWM 301/ AWS 310 40 Hours**

Students will study the processes underlying disease and the forms of common dysfunctions. Students will identify the structural and functional changes in soft tissues and the internal organs that underlie the disease.

Prerequisites: Anatomy, Physiology

**Biomechanics/Kinesiology**

**EWM 401/ATH 320 40 Hours**

Students will learn how to assess movement patterns in the human body. Students will learn to analyze problems associated with the musculoskeletal system, and the relationship between the quality of movement and overall human health as it is applied to massage therapy.

Prerequisites: Anatomy, Physiology

## **Complementary Studies**

**Professional Ethics & Business Management for Massage Practitioners**

**ECS 101 20 Hours**

This course covers communication skills, business practices, ethical behavior, and marketing skills for the professional body worker. Topics include proper medical intake using SOAP notes, client-centered communication skills, building and enhancing listening skills, creating and maintaining professional boundaries & self-care. General business regulations, electronic and paper medical record keeping, job opportunities in the field and professional marketing are included. Upon completion of this course, students will be thoroughly aware of the professional, ethical, and legal responsibilities as a massage practitioner and the basic knowledge to start and manage a massage business.

Prerequisite: None

**Professional Ethics & Business Management for Medical Qigong Practitioners**

**ECS 200/APS 110 16 Hours**

This module covers the diverse aspects of starting, growing, and managing a medical qigong clinic. Topics covered include legal considerations, promotion and marketing, maintaining clinical records, and financial responsibility. This course also examines the various ethical considerations unique to a medical qigong clinical setting. This includes reviewing and expanding upon ethical topics already introduced in our level 2 course. Students will gain confidence in the initial start-up phase of their clinical practice, as well as its growth, development, and management.

Prerequisite: None

# **Chinese Bodywork**

## **Tuina I**

ACH 110    16 Hours

Massage and manipulation, or Tuina, make up one of the traditional five branches of TCM. This course introduces students to the traditional Chinese therapeutic massage system, Tuina. Emphasis in class is on using specific clinical evaluations to formulate specific therapeutic massage treatments that may become a part of clinical practice.

Prerequisite: None

## **Tuina II**

ACH 210    16 Hours

This course will explore the principles of Chinese Medical Massage (Tui Na) as it is used in the treatment of injuries, chronic musculo-skeletal issues, and for sports and training. Our first day will cover hand techniques, and protocols for the lumbar and cervical spine. On the second day, we will utilize the principles learned to design therapeutic treatments for the joints of the extremities. Students will learn, hand techniques, relevant anatomy, stretches and joint mobilizations, and meridian energetics for orthopedic treatment.

Prerequisite: None

## **Tuina III**

ACH 220    16 Hours

Students will learn to apply Tuina for pediatric conditions. On completion of this course, students will know the special techniques of pediatric Tuina and how to use them in the treatment of common childhood illnesses.

Prerequisite: None

## **Qi Nei Zang**

ATH 410    16 Hours

Chi Nei Tsang is a system of Chinese massage that integrates the Western and traditional Chinese medical perspectives. By stimulating the energy flow of the vascular, lymphatic, and nervous systems, as well as the acupuncture meridians of the body, one is able to clear obstructions in the abdominal area and increase the energy flow to specific organs. This is achieved through massaging a series of points around the naval.

Prerequisite: None

## **Chinese Five Element Medical Massage**

CCM 100    8 Hours

This approach provides the deepest and more likely lasting effect in this series of Chinese Medical Massage. We provide a summary review of symptoms typically associated from experience with each of the five elements: wood, water, earth fire and metal, then the practitioner may identify the major source(s) of the client's conditions and treat accordingly.

Prerequisite: None

### **Chinese Medical Massage for Everyone**

CCM 130 16 Hours

This weekend class will make available Chinese medical massage techniques to be used for self-therapy or within the family, as well as for professionals in their practice. Understanding the cause of the conditions treated will be circumscribed by experience as well as by the Five Elements Theory.

The variety of conditions will include: allergies, colds, asthma, insomnia, ulcers, constipation, diarrhea, PMS, menstrual problems, diabetes, impotence, poor circulation, digestive problems, high blood pressure, deteriorating vision, deteriorating hearing, sciatica, stiffness and more! Very easy-to-follow handouts will be available for these conditions.

Prerequisite: None

### **Chinese Medical Massage for Overall Well Being**

CCM 110 8 Hours

This protocol is not based on a particular health assessment (medical or otherwise). It is an overall healing routine designed to address a wide range of typical health problems and provide people with an overall balancing effect. We emphasize improved blood circulation overall as well as to the vital organs and learn manipulation techniques suited to various parts of the body. People may experience unexpected healings from it.

We will also cover basic principles of the acupuncture meridians and points based on the study by the French Kleber nuclear medicine hospital on acupuncture meridians.

Prerequisite: None

## **Japanese Bodywork**

### **Table Shiatsu – Prone**

AES 150 16 Hours

Zen Tai Shiatsu is an adaptation of the traditional Japanese healing art. The sessions are done with the client comfortably clothed on a standard massage table. Pressure is applied along meridian pathways and to specific acu-points to facilitate the smooth flow of qi for healing and profound relaxation. Techniques using fists, forearms and elbows

will be emphasized for the ease and longevity of the practitioner. Focus on correct body mechanics is an integral part of this course. Qigong and meditation will be practiced to prepare students for giving Shiatsu and for self-care. Zen Tai Shiatsu can easily be integrated with acupuncture and other massage modalities.

Prerequisite: None

### **Table Shiatsu – Supine**

AES 250 16 Hours

Zen Tai Shiatsu is an adaptation of the traditional Japanese healing art. The sessions are done with the client comfortably clothed on a standard massage table. Pressure is applied along meridian pathways and to specific acu-points to facilitate the smooth flow of qi for healing and profound relaxation. Techniques using fists, forearms and elbows will be emphasized for the ease and longevity of the practitioner. Focus on correct body mechanics is an integral part of this course. Qigong and meditation will be practiced to prepare students for giving Shiatsu and for self-care. Zen Tai Shiatsu can easily be integrated with acupuncture and other massage modalities.

Prerequisite: None

### **Barefoot Shiatsu**

AES 300 16 Hours

Learn to work the entire back of the body with your feet! Gentle and deeper more sustained techniques with the heel and ball of the foot will be taught for the Bladder meridian, the gluteal area, the shoulders, the arms and feet. On the front of the body we will use palms, fists and thumbs to open and energize the Yin channels. Stretching in both prone and spine positions is an important part of the sequence. There will be close attention given to the proper body mechanics, and Qigong will be taught for self. This is a fun class that will enable practitioners to do a full body Shiatsu session. The work can also be integrated into any other floor modality.

Prerequisite: None

## **Thai Bodywork**

### **Thai I**

THM 110 16 Hours

In this course, you will learn the history and philosophy of Thai Massage, the basic principles and techniques of Thai Massage, and a one-hour prone and supine Thai Massage form

Prerequisite: None

### **Thai II**

### **THM 210      16 Hours**

Thai Massage II will begin with an exploration of three major positions of Thai massage – Side Lying, Seated, and Inverted. The “inverted” position is where some of the most unique and beautiful stretches that Thai massage is known for come into play. Massage sequences will be shown for all three positions. During the second day, we will also explore advanced yogic stretches in the supine and prone position, and talk about what stretches might be used for what kind of clients. Finally, students will be introduced to the concept of “Sen Lines” – the meridians of Thai medicine, and the Ayurvedic roots of this powerful system of healing.

Prerequisite: None

### **Thai III**

#### **THM 310      16 Hours**

Students will learn advanced Thai techniques and how to work more effectively with Sen lines of energy. Students will learn Thai acupressure and more comprehensive yoga stretches, and will gain a working knowledge of Thai medical philosophy and theory. Practitioners will learn more advanced restorative postures, and begin to customize a session for specific ailments.

Prerequisite: None

## **Acupressure**

### **Acupressure & the Twelve Officials**

#### **EAC 111    32 Hours**

This three-day Acupressure course focuses on the 12 Organ Systems and Meridian theory of TCM. The Twelve Officials is a very popular course, which covers the history of Acupressure, TCM theory, 100+ points and basic Qigong massage. Students learn location and usage of 100+ acupressure points and 12 meridian pathways as well as a series of Qigong exercises to influence the circulation of Qi (Life Force) within the meridians, to restore and maintain health of body, mind and spirit.

Prerequisite: None

### **Acupressure/Tuina Massage I**

#### **EAC 112    16 Hours**

This three-day Acupressure course focuses on Qigong massage (also known as Tuina), a very dynamic and unique course, which covers TCM theory and 16 different Tuina massage techniques. This unique form of clothes-on bodywork combines a variety of powerful hand manipulations, gentle stretching, and rhythmic rocking to relax the muscles, loosen up the joints and regulate the circulation of Qi (Life Force) in the body. Students also learn Dao Yin self-massage and a series of Tai Chi exercises. By the end of

the course, beginning students will be able to give a basic full-body Qigong massage, and professionals will be able to integrate the information they have received into their current bodywork/acupuncture practice.

Prerequisite: None

### **Acupressure/Tuina Massage II**

EAC 103    25 Hours

This three-day course covers additional Tuina Qigong massage techniques based on the Five Element theory and the Eight Directions. Students will learn to use various combinations of points such as transporting, back shu, source, alarm, and xi cleft to make their acupressure treatment dynamic, effective and relaxing. This class also includes new hand manipulation and stretches, working with the eight gates (the joints) to influence and benefit major areas of the body, such as low back, hips, and shoulders. There will be ample time for supervised application and practice through this course.

Prerequisite: Acupressure/Tuina Massage I

### **The Four Pillars of Assessment**

EAC 211    32 Hours

This three-day Acupressure course focuses on classical TCM assessment. This course uses the information that students have learned in The Twelve Officials, and adds assessment tools to make each acupressure session effective, specific and unique in addressing people's individual needs. Students learn assessment tools such as pulse listening, tongue and face reading, palpation of specific points, and assessment and treatment of different types of headache. We will practice the same set of Qigong exercises learned previously in class.

Prerequisite: Acupressure & the Twelve Officials

### **Internal Organs and Points Description**

EAC 212    32 Hours

This three-day Acupressure course focuses on anatomy, physiology and pathology of the internal organs from a Western medicine point of view. Students also learn name description and emotional usage of the major points learned in "The Twelve Officials". Students will have the chance to practice assessment and application of the material learned in previous Foundation of Acupressure courses (The Twelve Officials, The Four Pillars of Assessment, The Eight Extraordinary Vessels, Qigong Massage I). The same set of Qigong exercises learned previously are performed in class."

Prerequisite: Acupressure & the Twelve Officials, The Four Pillars of Assessment

### **Acupressure & the Eight Extraordinary Vessels**

EAC 213    32 Hours

This three-day Acupressure course focuses on the Eight Extraordinary Vessels, a unique course, which covers TCM theory, and basic Qigong massage. Students learn location and usage of 80+ acupressure points, four pairs of energy pathways, and assessment related to the Extraordinary Vessels, as well as a series of Qigong exercises to influence the circulation of Qi (Life Force) to restore and maintain health of body, mind and spirit.

Prerequisite: None

### **Five Element Acupressure**

EAC 301    25 Hours

This three-day Acupressure course builds upon and enhances previous Acupressure training. This course focuses on the 12 Organ Systems learned in "The Twelve Officials" using the Law of the Five Elements, of Phases (Water, Wood, Fire, Earth and Metal), a theory developed by master Taoists more than 2500 years ago. Students learn to use the Five Elements in relationship with the 12 Organ Systems and meridian pathways, as well as a series of Five Phases Qigong exercises. Students will learn to identify imbalances and to restore harmony amongst the Elements using unique patterns of Acupressure point combinations. Five Element Acupressure emphasizes the uniqueness and strengths of each individual. It stimulates healing and restores balance using the person's emotional and spiritual ability to heal.

Prerequisites: Acupressure & the Twelve Officials, Acupressure/Tuina Massage I

### **Five Element Constitutional Assessment**

EAC 302    25 Hours

This three-day course focuses on Five Element Assessments through color, sound, odor, emotion, pulse-listening and body type reading. Students will learn to read and identify causative factors and the dominant phase within each person that influences the emotional, physical and spiritual strengths and weaknesses of each individual.

Prerequisite: Five Element Acupressure

### **Five Element Energy Transfer and Blockages Identification**

EAC 303    25 Hours

This three-day Acupressure course focuses on identifying and transforming energetic blockages present within the Elements (Husband/Wife imbalances, Entry/Exit blocks and Aggressive Energy). Students learn to recognize and remove these blockages using specific point combinations as well as energy transfer techniques to re-establish balance amongst the Elements. This class is integrated and well supported with Five Element case studies, pulse listening assessment tools and supervised hand-on practice.

Prerequisite: Five Element Acupressure

### **Sinews Channels and Cutaneous Regions**

**EAC 304    25 Hours**

This three-day course provides information about the Sinews Channels, which are the superficial layer of channels most commonly affected from physical injuries. Students learn anatomy of the skeletal-muscular system, the pathways related to the Sinews Channel, and the points, the muscles and the cutaneous regions associated with them.

Prerequisite: Acupressure/Tuina Massage I

**Foundations of Acupressure: Emotional Balancing**

**EEB 100    15 Hours**

This class is for both beginning and advanced students in Asian Bodywork Therapy. It blends Chinese and Japanese bodywork approaches to create an integrated form ideal for harmonizing Body, Mind and Spirit. The class includes QiGong movement exercises, TuiNa/Shiatsu full body basic session, Japanese Do-In (self-acupressure with body awareness, stretching, and breathing exercises,) acupressure foot massage, and an acu-points session for emotional balancing, rejuvenation and inner peace.

Prerequisite: None

**Acupressure Emotional Balancing: Meridians (Lu, LI, St, Sp): Paths of Breath and Nurturance**

**EEB 110    16 Hours**

This class is for both beginning and advanced students in Asian Bodywork Therapy. It blends Chinese and Japanese bodywork approaches to create an integrated form ideal for harmonizing Body, Mind and Spirit. The class includes QiGong movement exercises. TuiNa/Shiatsu full body basic session, Japanese Do-In (self-acupressure with body awareness, stretching, and breathing exercises,) acupressure foot massage, and an acu-points session for emotional balancing, rejuvenation and inner peace.

Prerequisite: None

**Acupressure Emotional Balancing: Meridians (H, SI, B, K): Paths of Spirit & Destiny**

**EEB 120    16 Hours**

This class introduces four meridians, including their characteristics, traditional uses, pathway, and major points, and how to bring the energy to balance for the health and harmony of the body, mind, and spirit. Students learn how to help people with conditions that have underlying emotional causes related to these four meridians. For example, the class includes how to help those in emotional shock, people who feel lost in their lives, those with difficulties in communication, those with heart organ issues (with cautions and contra-indications,) those with fear and lack of self-determination, those with addictions, and more.

Prerequisite: None

**Acupressure Emotional Balancing: Meridians (P, TW, GB, LIV): Soul's Path to Oneness**

EEB 130    16 Hours

This class introduces four meridians, including their characteristics, traditional uses, pathway, and major points, and how to bring the energy to balance for the health and harmony of the body, mind, and spirit. Students learn how to help people with conditions that have underlying emotional causes related to these four meridians. For example, the class includes how to help people who lack joy and laughter in their lives, those with emotional distress due to a closed diaphragm and heart, those who are overly reactive emotionally in various situations, people who are angry, melancholic and/or depressed, and those who are closed down to their own feelings and the feelings of others, and more.

Prerequisite: None

**Acupressure Emotional Balancing: Tai Chi/Qigong, Tui Na, and Cupping**

EEB 140    15 Hours

Through gentle movements, breathing, and conscious intention, Tai Chi and Qi Gong cultivate and restore our Qi, our life force energy. Tuina is a method of Chinese bodywork characterized by the smooth gliding or rolling movements of the hands and arms. Tuina techniques are used to treat a wide variety of musculoskeletal and internal organ disorders, as well as emotional balancing, by opening stagnant meridian channels and encouraging the flow of qi into deficient areas. Cupping is used in Traditional Chinese Medicine for releasing deep muscular tension and for pain relief, as well as emotional balancing. The integration of Tai Chi/Qi Gong movement, Tui Na bodywork, and Cupping, as presented and practiced in this class, empower you to help yourself and others, as well as enhancing your abilities in the art of healing. The benefits may include improved health, feelings of well-being, kindness, creativity, optimism, better communications and relationships, and a deep sense of relaxation.

Prerequisite: None

**Acupressure Emotional Balancing: Attitudes, Meridians, and Special Flow Patterns**

EEB 300    16 Hours

This acupressure course includes detailed information on the attitudes and emotions held within each of the 12 meridians, as well as describing what people say and do when a particular meridian is out of balance. The internal routes of the meridians are presented, along with how these internal routes explain our attitudes and feelings. The class includes Acupressure session patterns and hands-on practice that utilize a combination of meridians and points for (1) opening the breath, (2) experiencing the sweetness of life (lifting depression,) (3) balancing inner wisdom, emotions and spirit (Shen,) and (4) enhancing immunity.

Prerequisite: Some knowledge of meridians and points

### **Acupressure Emotional Balancing: Body Psychology**

EEB 310    16 Hours

Body Psychology defines the kinds of thoughts and feelings that are held in each area of the body, causing tension and pain in the eyes, jaw, neck, shoulders, chest, diaphragm, abdomen, pelvis, back, arms, hands, legs and feet. In this class, students learn how horizontal bands of muscular tension hold emotional stress within these areas. Through the use of unique Acupressure session patterns, students learn to relieve the tension and pain in these areas of the body, and melt away the underlying emotional causes. With acupressure, this Body Psychology approach not only alleviates tension and pain in the body, but also opens the energetic pathways to have the capacities of (1) speaking openly and clearly, (2) creating and manifesting in both work and life, and (3) physically moving, all in connection with the Heart. Prerequisite: Some knowledge of meridians and points

### **Acupressure Emotional Balancing: Extraordinary Vessels for Yin & Yang Emotional Aspects**

EEB 320    15 Hours

The class focuses on how each pair of Extraordinary Vessels harmonizes the yin and yang emotional aspects in different ways. The yin aspects include enhancing self-confidence and self-esteem, balancing hypersensitivity and nervous tension, letting go of fear of loss, feeling passion for life, and more. The yang aspects include releasing the need to over-control, letting go of blame, becoming flexible, ability to express feelings and affection, and letting go of the need to live on adrenaline, and more. Session patterns and hands-on practice are provided.

Prerequisite: Some knowledge of meridians and points

### **Acupressure Emotional Balancing: Meridian Tui Na & Magnets**

EEB 330    15 Hours

Unique Tui Na application sequences for the meridians will be presented. These sequences include Tui Na hand techniques, large-stroke combinations, range of motion, and special twisting and stretching techniques for the meridians. The application of dynamic 5-element hand techniques on major points, especially the Five Element points, is applicable for emotional balancing, as well as physical balancing. By using the Tui Na sequences for the meridians, and enhancing the effectiveness with magnets, the session becomes more beneficial, graceful, nurturing, and relaxing for both the practitioner and

receiver.

Prerequisite: Some knowledge of meridians and points

### **Acupressure Emotional Balancing: Assessing the Pulse, Tongue, Posture, and Movement**

EEB 340    15 Hours

In this class, students learn how to read the posture and movement of a person to know what they need in terms of an acupressure session. Also, this class utilizes Traditional Chinese Medicine's Four Pillars of Assessment to determine what meridians and points are to be included in the session plan. Reading the pulse and assessing the tongue, as well as other assessment tools, are a major focus of this dynamic class.

Prerequisite: Some knowledge of meridians and points

### **Acupressure Emotional Balancing: Five Elements and Five Spirits**

EEB 410    15 Hours

In the Five Elements approach to Acupressure, we exist as a microcosm reflecting the macrocosm of the beauty and balance of Nature and its five elements: wood, fire, earth, metal, and water. The finest vibration of the chi of each element is its Spirit—Hun, Shen, Yi, Po, and Zhi. When balanced, our Spirits guide our lives to physical and emotional health with inspiration, creativity, relationships of quality, and the ability to move forward in manifesting the Tao. In this beginning class, students learn about the Five Elements and Five Spirits, their associated meridians, and how to create overall balance of the body, mind, and spirit by using the Five Element Points for each of the meridians in acupressure sessions.

Prerequisite: Some knowledge of meridians and points

### **Acupressure Emotional Balancing: Case Studies**

EEB 500    15 Hours

### **Acupressure Emotional Balancing: Apprenticeship Training: Putting it all Together**

EEB 600    15 Hours

In this class, students deepen their assessment, session planning, and clinical skills under the direction of the teacher. Students practice assessment, session planning and giving sessions to classmates, with the teacher providing guidance and answering questions.

Prerequisite: Acupressure Emotional Balancing Classes #1-11, or by permission of instructor or administrator.

## **Winds and Waters Tui Na Basics, Rhythm and Spirit of Tai Chi**

EWW 101    24 Hours

This Winds and Waters Tui Na Basics class includes 12 primary hand techniques and their variations, along with range of motion techniques, all of which is incorporated into a full-body Tui Na session. Students will learn Tao-Yin Self Massage and Tai Chi and Qi Gong movements, which are then integrated into the Tui Na bodywork strokes and stances. Primarily, the Tui Na in this class is done on tables, and yet, there is an introduction to barefoot Tui Na on the floor.

Prerequisite: None

## **Winds and Waters Advanced Tui Na: Dynamic Range of Motion**

EWW 102    24 Hours

This class includes variations and integration of the Basic Tui Na techniques, and new advanced techniques. The advanced techniques include advanced prone techniques, combined techniques, large expanded range of motion, 8 directions, stretching, advanced supine techniques, Chi-based abdominal Tui Na pattern with Five Element Hand, advanced Alarm point protocol with Triple-cross technique, large expanded range of motion. Also, the class includes new Tai Chi Qi Gong movements and Tao-Yin Self Massage, which are integrated into the Tui Na bodywork strokes and stances. Students learn a complete session of Winds and Waters Advanced Tui Na with dynamic range of motion.

Prerequisite: The Winds and Waters Tui Na Basics class, or the Meridian Tui Na & Magnets class, or other Tui Na class

## **Winds and Waters Advanced Tui Na: Active Point Combinations**

EWW 103    24 Hours

The Tui Na strokes of Tui (push,) Na (grasp,) kneading, pressing, rolling, shaking, stretching, and holding of active point combinations open and realign the chi flow in the musculo-tendon (sinews) channels. The Tui Na techniques can be beneficial by opening stagnant meridian channels and encouraging the flow of chi into deficient areas. This class includes new Tai Chi Qi Gong movements (which is integrated into the Tui Na strokes and stances), new cross-body prone advanced range of motion, bei (back) shu points and source points with Five Element Hand, new cross-body advanced supine range of motion, Chi-based abdominal Tui Na pattern with Five Element Hand and Alarm Points, and the functions, uses, and points to open the musculo-tendon channels. Students learn a complete session of Winds and Waters Advanced Tui Na with active point combinations.

Prerequisite: The Winds and Waters Tui Na Basics class, or the Meridian Tui Na & Magnets class, or other Tui Na class

## **Elective Bodywork**

### **Ayurveda Abhyanga Massage**

AAM 100     16 Hours

Abhyanga is a brisk, light massage and oleation technique, designed specifically for nourishing the skin, lubrication of the tissues & joints and balancing the nervous system. It is designed to help calm & balance the subtle energies of Vata (movement) and aid the body's release of Ama (stagnant, sticky toxins) from the Dhatus (tissues). It can be performed by one therapist or in tandem by two therapists.

Prerequisite: None

### **Cranial Unwinding I**

AEC 110     16 Hours

The class offers an introduction to the craniosacral rhythm, concepts and motion. The focus is on honoring the intelligence of life and learning to listen and palpate the primary Respiratory Rhythm of the body as stored in the Craniosacral System. This experiential class teaches a thorough palpation of the connective tissue system throughout the body.

Prerequisite: None

### **Cranial Unwinding II**

AEC 210     16 Hours

This class teaches deep listening to the core of the craniosacral system. Focusing on the facial structures within and surrounding the spine and cranial vault, students will learn the art of following the body to where it wants to go. Taking the work deeper, students will learn to release the major bones of the cranium to restore the fluidic nature of the system.

Prerequisite: None

### **Polarity I**

AEP 110     16 Hours

Polarity Therapy relates to and opens the subtle energy body. Based on Hermetic, Ayurvedic, Chinese & western scientific traditions, Polarity seeks to restore health and balance. The General Session taught in this class is a culmination of the modality in an easy to use protocol that may be integrated into other modalities.

Prerequisite: None

### **Reflexology I**

ARX 110     16 Hours

Reflexology is the art of treating the body through reflex zones on the hand, foot, or ear. Reflexology I will study the art of foot reflexology from an Asian Bodywork perspective. Students are introduced to the history, philosophy, and major figures in the development of reflexology, as well as its ancient and modern roots in traditional and modern medicine. Students are introduced to the art of the herbal foot soak to warm the client's tissue and prepare for deeper work. A traditional Thai sequence for energy lines the foot and leg and will be practiced, as well as practical interventions for the zones relating to specific organs and illnesses.

Prerequisite: None

## **Energetics**

### **Qigong I**

EQG 100/ AQG 110    15 Hours

Qigong is an essential element of TCM. Combining movement, meditation and breath regulation into a series of gentle and focused exercises, Qigong encourages the beneficial qi to flow smoothly throughout the meridian pathways. Through regular practice, students will develop methods of Qi cultivation and sensitivity as well as a personal Qigong routine for self-healing.

Prerequisite: None

### **Qi Gong II**

EQG 200/ AQG 210    15 Hours

This is the second part of the ongoing series of *Qigong* classes. Students will continue with movement, meditation and breath regulation exercises in order to develop their personal *Qigong* routines and enhance their bodywork skills.

Prerequisite: Qigong I

### **Medical Qigong I: Self Cultivation**

EMQ 310    32 Hours

In this Medical Qigong 1 course, students are led through a progressive series of Qigong (Energy Skill) exercises and meditations. Basic applications of Medical Qigong Purgation, Tonification and Regulation energetic skills are experienced. Each class includes lecture, demonstration of exercises and personal practice of this energetic medicine. Students are also taught specific Medical Qigong prescription exercises and meditations, and learn how and when to apply them in clinic (e.g., purging excess conditions, tonifying deficiencies, dispersing stagnations and regulating Qi, Blood and Body Fluids). There is also an introduction to energetic psychology, which includes discharging toxic emotions and how to safely handle the emotional discharges or toxic energetic releases coming from their patients.

Prerequisite: None

### **Medical Qigong II: Shengong Skills**

EMQ 320    32 Hours

In Medical Qigong Level II, students are led through a progressive series of advanced Shengong (Spirit Skill) meditations and exercises. These exercises and meditations are specifically used for developing advanced intuitive diagnostic skills. The students also learn basic Medical Qigong treatment protocols and begin the initial phase of their Medical Qigong clinical experience by performing basic treatments on their fellow classmates. The basics learned in this class include using Medical Qigong for diagnosis and then using purging, tonifying and regulating techniques in the subsequent treatment.

Prerequisite: Medical Qigong I

### **Medical Qigong III: Clinical Foundations of Medical Qigong Theory**

EMQ 330    32 Hours

In the third module, students will further develop their energetic assessment and treatment skills. New treatment modalities will be introduced and integrated with those already learned in the second module. Students experience a broadening and deepening of energetic theory, and a greater comprehension of the human energetic matrix and the various causes of disharmony and disease.

Prerequisites: Medical Qigong I & II

### **Medical Qigong IV: Advanced Theory and Clinical Application**

EMQ 340    32 Hours

In Medical Qigong IV, students are introduced to various organ disharmonies and how they may be addressed with medical qigong treatment and prescription exercises. Students deepen their understanding of energetic imbalances within the framework of medical qigong as well as traditional and Daoist Chinese medicine, with emphasis on how to address each pattern and restore balance to the patient. At the end of the course, students will gain confidence in recognizing and addressing various organ disharmonies using medical qigong therapy.

Prerequisites: Medical Qigong I & II

### **Medical Qigong V: Sensory, Intuitive, and Perceptual Diagnosis**

EMQ 410    32 Hours

The fifth module broadens understanding in the use of intuitive and perceptual diagnostic and evaluation skills. Students will be trained in various sensory, intuitive, and perceptual skills used in the medical qigong clinic. A variety of assessment methods as well as auxiliary medial qigong healing modalities will be covered.

Prerequisites: Medical Qigong I & II

**Medical Qigong VI: Medical Qigong Dao Yin Therapy & Rectifying Qi Deviations**

EMQ 420    32 Hours

In the sixth module, students deepen their understanding of the positive impact of posture, breath, and intent on a person's total energy dynamic. Postural, respiratory, and mental Dao Yin training methodologies will be covered, with emphasis on their transformative qualities, as well as an exploration of potential hazards due to incorrect training. Methods will be covered which correct qi deviations resulting from inappropriate practice.

Prerequisites: Medical Qigong I & II

**Medical Qigong VII: Intro to Medical Qigong Therapy for Special Conditions**

EMQ 430    32 Hours

The seventh module is an introduction to energetic treatment modalities for special conditions and circumstances. Some of the topics covered include qigong prescriptions for and treatment of children, the elderly, menopausal symptoms, menstrual complications, gynecological disorders, stroke, Bell's palsy, as well as mental and emotional disorders. Students will be exposed to specialized treatment protocols, and will deepen their understanding of managing a person's emotional, mental, and spiritual states.

Prerequisites: Medical Qigong I & II

**Medical Qigong VIII: Energetic Anatomy and Physiology**

EMQ 440    32 Hours

The eight modules introduce students to TCM theory from the perspective of medical qigong. Various aspects of energetic anatomy will be covered, some of which include the three dantians and the center taiji pole, the twelve primary channels and related organs, the eight extraordinary channels and their functions, as well as the extraordinarily organs. Students will gain a much deeper appreciation and comprehension of the multidimensional nature of human life, and the various levels at which disease can be addressed and treated.

Prerequisites: Medical Qigong I & II

## **Clinical Training**

**Bodywork Supervised Clinical Practice**

ECL 101                  48 Hours

In the school's clinic, students have the opportunity to refine their massage techniques and practice what they have learned under the supervision of senior practitioners. They

will be able to integrate Eastern and Western assessment strategies, maintain accurate client records, and develop integral communication and professional skills with a variety of clients.

Prerequisite: 100 hours of bodywork courses

### **Medical Qigong Intern Rounds Clinic**

ECL 400    24 Hours

Students begin their medical qigong clinical training with intern rounds, where the instructor observes each treatment, and is available at all times to answer questions, make corrections, and suggestions. The instructor may demonstrate treatments at the beginning of the training session until students feel confident in treating. Students will perform the basic treatment protocol learned in medical qigong level 2, and apply any techniques and protocols learned in levels 3 and 4, followed by any pertinent exercises learned in level 1. Students will gain confidence in client interview, energetic assessment, and treatment, followed by the prescription of exercises specific to the client's energetic condition.

Prerequisites: Medical Qigong I & II, TCM Theory I & II, TCM Diagnosis/Lab

### **Medical Qigong Internship Clinic**

ECL 610    48 - 104 Hours

Students continue their medical qigong clinical training with internship, where students treat their clients without the instructor's presence in the treatment room. Students begin treating in pairs, and then individually. The instructor will be on hand to answer any questions, provide guidance and suggestions. Students will perform the basic treatment protocol learned in medical qigong level 2, and apply any techniques and protocols learned in levels 3 and 4, followed by any pertinent exercises learned in level 1. Students will gain confidence in client interview, energetic assessment, and treatment, followed by the prescription of exercises specific to the client's energetic condition.

Prerequisites: Medical Qigong I & II, TCM Theory I & I, TCM Diagnosis/Lab

## **Elective Courses**

### **Herbal First Aid Workshop**

EEL 200    8 Hours

In this course, students gain insight into the herbal histories of China, India, American Indians, the Amazon, and the West. Students will be taught guiding principles of first aid herbology, with an emphasis on safety and dosage. First Aid scenarios will be covered, along with specific herbals and homeopathic remedies to address ailments including: frostbite, sunburn, dehydration, hypothermia, injury/wounds, insect bites,

animal bites, snake bites, food poisoning, diarrhea, vomiting, allergic reactions, asthmatic attack, low blood sugar, shock, loss of consciousness, infection, and fever. Students will learn to make herbal preparations including: herb-infused oils, herbal salves, and herbal tinctures.

Prerequisite: None

### **Therapeutic Use of Essential Oils**

EEL 210    8 Hours

This 2 day class will provide a comprehensive overview of the therapeutic use of botanical aromatics (Essential Oils). Students will have hands on experience on how to utilize these "Healing Allies" for personal self-care and for use within the treatment room with patients/clients. The History, Properties, Application, Common Usage, Extraction methods, Plant Constituents and relevant research in this field will be covered. Students will each receive a wide range of Samples of pure grade therapeutic Oils that will be taken home for personal use and exploration. There is a \$25 material fee for this class to cover these samples. Students should bring a small jar of ground coffee beans to neutralize the olfactory system if need be.

Prerequisite: None

### **Korean Hand Therapy for Instant Pain Relief and Functional Problems**

EEL 240    15 Hours

Korean Hand Therapy (KHT) is a complete energetic medicine system located on the hands. Each hand embodies a hologram of the entire body. The hands also reflect, like a mirror, the current condition of the body. If there is pain or dysfunction anywhere in the body, there will be corresponding points on the hands. Find the point, treat the points, and resolve the problem. This is a hands-on workshop teaching: - mapping the body on the hands - location of points for every bodily pain and problem - learn treatment methods and how to use devices to correct problems.

Prerequisite: None

### **TCM & Weight Management**

EEL 250    8 Hours

This course will cover topics on Weight Loss through theory and practice. The instructor will explain the process of weight management, syndromes, weight loss abdominal massage manipulation, and the approach of acupuncture to weight management for the whole body and local fat. There will be both demonstration and practice session with massage manipulation and acupuncture for two hours in the morning and afternoon. Additionally, ear points and nutrition will be explained in this class.

Prerequisite: None

### **TCM Skin Rejuvenation**

EEL 260    8 Hours

This course will cover topics on how to maintain beautiful, nice and healthy skin using food, herbs, acupuncture points and facial massage. Students will be first introduced to the relationship between health preservation and skin condition. This involves cultivating the mind by developing and maintaining a tranquil, optimistic and happy mental state. Students will learn to pay attention to their daily food intake, the relationships between food and skin condition, and how to adjust their diet accordingly for beautiful skin. Students also learn about the relationships between good skin and physical training and exercise. Secondly and most importantly, students will learn how to do TCM facial and rejuvenation by themselves and for others. Acupuncture points, facial massage, and different herbal and food masks will be taught in this class. Students will have the chance to practice on each other to master those techniques. Additionally, the key methods for skin daily care will be discussed during this lecture as well. The class topics include TCM Health Preservation with Skin, Introduce Beauty Herbs, Introduce Beauty Food, TCM Facial Beauty Manipulation, Demo and Practice: TCM Facial Techniques & Key Points of Daily Skin Care.

Prerequisite: None

### **TCM Qi from I-Ching Perspective**

EEL 270    16 Hours

This two-day course explores the definition of Tradition Chinese Medicine (TCM) qi from the perspective of Chinese classics, *I-Ching* and *Nei Jing*. We will first introduce the basic theory behind the *I-Ching* and explain the definition of TCM qi by giving supporting statements from the *Nei Jing* and examples of TCM qi. Applying the concepts of the trigrams (Ba Gua), we will explain the relationships between jing, qi shen and how they interact with each other based on *I-Ching* terminology. Using similar concepts with Four Images and Ba Gua, we will also compare and contrast Wei qi and Ying qi and examine how they relate to the five organs. Next, we will study how yin and yang of blood and qi affect the physiology of pulse and channels using examples of modern science. Finally, students will be taken on a journey to explore the Qi in Chinese Culture and its application to TCM. At the end of the class, students will be able to understand the basic meaning of I-Ching trigrams and their relationship with TCM through which the abstract meanings of TCM Qi can be defined, symbolized, and understood with the aid of the supportive statements from the *Nei Jing*.

Prerequisite: None

### **I-Ching: The Book of Change**

EEL 280    16 Hours

This two-day course introduces the application and cultural aspects of the Chinese

classic, *I-Ching: Book of Change*. Students will be taken on a journey to explore the fundamentals of I-Ching, from a book of oracle to a compendium and a classic ancient text of cosmic principle that are infused into all aspects of the Chinese culture; including medicine, arts, music, natural science, architecture, and many more. Specifically, we will explore how yin-yang and 4-image apply to the 12 channels meridian flow, and the connections of the 5-elements of those Channels to the Earlier Heaven BaGua arrangement. We will also use the He-Tu (River Map) Theory to explain why the “well” point in the 5 Shu-points is metal in the Yang Channels, but it is wood in the Yin Channels. In addition, we will explain how the Earthly Branches (Chinese clock), which represent by a hexagram, related to herbs, our body organs and the four directions (Ascending, Descending, Floating, Sinking). Finally, we will uncover the precipium of I-Ching and look at the philosophical, mathematical and image features of the I-Ching and how the educated Confucian elites in China interpreted the Book as guidance of their personal virtues. We will see how much I-Ching is integrated into our daily life.

Prerequisite: None

### **Medical Spanish**

EEL 300    8 Hours

In this course, students learn basic and advanced Medical Spanish terminology, verb selection / conjugation, questioning, detailed intake (TCM, western), enabling effective and accurate communication with Spanish-speaking patients. Learn anatomy and the physical systems of the body, key pain terminology, and detailed terminology and common conditions for: headache, orthopedics / neurology, gynecology, digestion, cardiovascular, and respiratory. Class will be conducted primarily in English, and will include practice drills for students (time permitting). Hand-outs will be available. Students will be to purchase an audio-practice CD and TCM Medical Spanish reference handbook suitable for clinic.

Prerequisite: None

### **Reiki I**

EEL 400    8 Hours

In Reiki I, participants will be attuned to the Reiki energy and learn about Reiki principles, history, benefits and basic hand positions of Reiki. Upon completion, participants will be able to use Reiki for self-treatment and for treating others.

Prerequisite: None

### **Reiki II**

EEL 410    8 Hours

In Reiki II, participants learn three sacred symbols to strengthen the flow of Reiki energy, how to give distance sessions, facilitate mental clearing and affirmation, and

apply Reiki to animals, plants and for energy release.

Prerequisite: Reiki I

### **Insight Meditation**

EEL 450     4 Hours

Insight Meditation is the art of being present, paying attention and learning to see things clearly as they really are. In this class, student begin by focusing on the breadth; then move to the body doing a body scan to help our awareness of the body; then focusing on emotions and, finally working with our thoughts and the thinking process. Student will learn to focus and concentrate on the breath for brief periods, become familiar with the wandering mind or “monkey mind”, and learn how to be with emotions without either grasping or resisting and pushing them away.

Prerequisite: None

### **Medical Qigong Retreat to Qingcheng Mountain, China**

EMQ 700     32 Hours

Our medical qigong instructor will lead a group of adventurers to Qingcheng Mountain, a magical place where both the inner and outer journey initiates powerful transformation and change. Joyful exploration of inner alchemy practices, along with the splendid beauty of luscious mountain terrain will carry each participant to new heights and depths of self-awareness and inner alignment with pure positive Source energy. Qingcheng Mountain is one of the sacred mountains of China, a cradle of Daoist philosophy and cultivation. Special opportunity to cultivate and reflect in this environment will provide the perfect backdrop for a deep and joyous journey into the heart of Daoist practices, and our own inner alignment with source energy.

Prerequisite: All are welcome. Prior experience with qigong is highly beneficial.

## **Admissions**

Five Branches University seeks highly motivated applicants who wish to enhance their professional development, career, and practice in Asian bodywork and Qigong.

Five Branches University's Extension certificate programs and seminars are open to anyone interested in learning about Asian bodywork and Qigong with a minimum education requirement of a high school diploma or GED.

Prospective students who seek to enroll in certificate programs are requested to submit the application materials listed in the application checklist. Certificate seeking applicants are reviewed on an ongoing basis, with preference given to early applications. We request that applications be received at least a month before the program start date to allow time for processing. Applications received on or before the first due date will be

reviewed first and given priority. Entering classes are formed twice a year.

## **Application Due Dates**

### **Fall entrance:**

- 1st due date: July 1
- 2nd due date: August 1

### **Spring/Summer entrance:**

- 1st due date: November 15
- 2nd due date: December 15

## **Completing the Application for Admission**

To be considered for admission to Five Branches University, the following items are required:

- Application Form: Use your full legal name on all admissions documents
- Statement of Purpose
- Resume: updated to present
- One Letter of Recommendation sent directly to Five Branches University
- Copy of your high school diploma or GED certificate.
- Official transcripts sent from the colleges/universities you have attended are only necessary if you wish to be granted transfer credit for equivalent courses, in lieu of coursework in the extension curriculum.
- Non-Refundable \$25 application fee, payable in check or money order to Five Branches University

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

## **Part-time Students**

Students who cannot commit to the full-time Extension Program are considered part-time students. Part-time students must complete the program within 150% the normal time and meet with the program advisor to plan their program of study (If full time completion is two years, part time students must complete the program in three years).

## **Non-Certificate Seeking Applicants**

Students may register for an individual course or seminar. Courses and seminars may be taken by certified practitioners for continuing education, or as electives by students in

other certificate programs. Seminars are taught throughout the year by respected experts in the fields of Asian bodywork and Qigong. Seminars can be applied as electives to the Asian Bodywork, and Medical Qigong Therapist certificates. This allows students to specialize in a bodywork style of interest.

Non-certificate seeking applications are only required to complete the Enrollment Agreement and submit it with tuition for each course. The additional materials requested in the checklist are not required.

### **Advanced Study Abroad Program Applicants**

Five Branches University's Extension Programs allow students to continue training in Asian bodywork where these modalities originated and are commonly practiced. This is a unique, once-in-a-lifetime opportunity to study directly with teachers who are distinguished authorities in Asian bodywork and Qigong outside the United States. After completion of the 500-hour Asian bodywork program, students may participate in study-abroad programs. Study and practice in China, Thailand and Japan puts students into direct contact with the ancient roots of Asian bodywork and Qigong.

### **English Language Requirements**

Five Branches University's Extension Program certificates are taught in English only. Applicants must have the ability to read and write English at the level of a graduate of an American high school as demonstrated by the possession of a high school diploma, GED or passage of the California high school proficiency exam.

The Extension program does not provide English language services, enroll H-1 Visa students or offer Visa services.

### **Program Enrollment Agreements and Information Guides**

Enrollment agreements and program information guides shall be written in a language that is easily understood. If English is not the student's primary language, and the student is unable to understand the terms and conditions of the enrollment agreement, the student shall have the right to obtain a clear explanation of the terms and conditions and all cancellation and refund policies in his or her primary language.

### **Transfer Credit**

Limited transfer credit may be awarded for coursework from an accredited institution that supports the Extension Program's objectives and meets the standards for completion of the Extension Program. No more than one-third of the credits for the Extension program can be transferred. Transfer credit is subject to 15% of the current Extension Program tuition charge per transferred course.

## **Transfer Credit Earned through Challenge Examination or Achievement Tests**

Credit earned through assessment or achievement examinations from other institutions are non-transferable. Transfer credit is not available for work or life experience. Five Branches University has not entered into an articulation or transfer agreement with any other college or university.

## **Extension Program Tuition Tuition (2015 Academic Year)**

The total tuition for the 500-Hour Asian Bodywork Therapist Certificate Program is \$7,500.00. The estimated program length is six months to one year.

The total tuition for the 650-Hour Medical Qigong Therapist Certificate Program is \$10,662.00. The estimated program length is two years.

### **Additional Costs**

Tuition does not include the cost of books or additional fees. Required books are estimated to cost approximately \$100. Elective courses are additional and not included in the total tuition cost.

### **Extension Program Fees (2015 Academic Year)**

Audit course: 50% of course tuition

Malpractice insurance: \$10 per term

Transfer fee: 15% of current tuition up to a maximum of \$200. Transfer fee is not applied to natural science courses.

Make-up exams: Quiz: \$25, Mid-term: \$50, Final: \$75

Transcript request: \$10

Application fee: \$25

Installment fee \$25

Credit card payment convenience fee: 3% of payment

Late fee \$20.00

Total fees: \$195.00

### **500 Hour Asian Bodywork Therapist Certificate Program Tuition and Fees per Semester**

| Semester | First Semester | Second Semester |
|----------|----------------|-----------------|
| Tuition  | \$3,520        | \$3,980         |
| Fees     | \$35           | \$10            |
| Total    | \$3,555        | \$3,990         |

Please note: Tuition for each year and semester is based on enrollment in required

courses as indicated by the program.

### **650 Hour Medical Qigong Therapist Certificate Program Tuition and Fees per Year**

| Year    | First Year | Second Year |
|---------|------------|-------------|
| Tuition | \$4,880    | \$5,782     |
| Fees    | \$45       | \$20        |
| Total   | \$4,925    | \$5,802     |

### **650 Hour Medical Qigong Therapist Certificate Program Tuition and Fees per Semester**

| Semester | 1       | 2       | 3       | 4       |
|----------|---------|---------|---------|---------|
| Tuition  | \$2,150 | \$2,730 | \$3,524 | \$2312  |
| Fees     | \$35    | \$10    | \$10    | \$10    |
| Total    | \$2,185 | \$2,740 | \$3,534 | \$2,322 |

Please note: Tuition for each year and semester is based on enrollment in required courses as indicated by the program.

### **Specialized Certificates**

| Specialized Certificate                             | Hours | Tuition | Estimated program length |
|---|-------|---------|--------------------------|
| Acupressure Emotional Balancing                     | 180   | 2,700   | 1 year                   |
| Winds and Water Tui Na                              | 72    | 1,125   | 3 months                 |
| Medical Qigong Self-Cultivation Certificate Program | 64    | \$1160  | 3 months                 |

### **Payment Options**

For students enrolling in individual courses and/or a seminar series, tuition is due in full at the time of registration. For students enrolling in certificate programs, students may pay in full at the time of registration or enroll in one of two flexible payment options.

Students enrolling in certificate programs may either pay in up to four (4) payment installments in a 16 week period, or pay at the start of each course enrolled in for completion of the certificate program.

When registering, state law requires that all students sign a contract that protects their rights and specifies the enrollment and financial agreement with Five Branches University.

Five Branches University reserves the right to change tuition and fees as necessary.

## **Refund Policy**

Students have the right to cancel their contract for enrollment (withdraw from the program) at Five Branches University and obtain a refund of charges paid through attendance at the first class session, or the seventh calendar day after enrollment, whichever is later. To do so they must submit a Withdrawal form to the Registrar's Office by the stipulated deadline. If they are unable to do so, a letter, e-mail or fax addressed to the Registrar with the student's signature stating cancellation of enrollment will be accepted.

If you choose to cancel your contract after five business days have lapsed, a prorated tuition will be refunded based on the unused percentage of class time remaining. You may drop a course after instruction has started and receive a pro-rated refund for the unused portion of tuition, only if you completed 20% or less of the course. Please refer to the student handbook or the enrollment agreement for detailed information on the Five Branches refund policy.

## **Loan Repayment**

If a student obtains a loan to pay for their educational program, the student is responsible for repaying the full amount of the loan, plus interest, less the amount of any refund in the case of a student's withdrawal. U.S. federal financial aid is not available for Extension certification programs.

## **Tuition Assistance**

Students seeking tuition assistance for Five Branches University's Extension programs may be eligible to participate in one or more programs offered through the State of California. Please refer to the following for more information:

### **Workforce Investment Act**

([http://www.edd.ca.gov/jobs\\_and\\_training/Workforce\\_Investment\\_Act.htm](http://www.edd.ca.gov/jobs_and_training/Workforce_Investment_Act.htm))

### **Department of Rehabilitation**

(<http://www.rehab.cahwnet.gov/>)

## **Student Tuition Recovery Fund**

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you: (1) You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and (2) Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and are not required to pay the STRF

assessment, if either of the following applies: (1) You are not a California resident, or are not enrolled in a residency program, or (2) Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency programs attending certain schools regulated by the Bureau for Private Postsecondary and Vocational Education. You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

## **Academic Policies**

### **Time Limit for Certificate Completion**

Each level of certification in the Extension program must be completed within two-years. After completion of one level of certification, students may return for a higher level of certification and apply the cumulative hours of the previous level within seven years. After seven years, the coursework is considered outdated and must be repeated in order to apply it toward the next level of certification.

### **Academic and Clinic Class Size**

To optimize learning, academic classes average 24 students. Classes that have insufficient enrollment (less than 10 students) may be postponed to the following semester.

## **Attendance**

If circumstances occur that cause absences of up to 18% for academic courses, or up to 12% for clinic courses, the student is responsible to meet with the instructor to assess their academic standing in the course. Frequent tardiness and/or continued absences that interfere with a student's academic progress will be brought to the attention of the Student Progress Review Committee. Please note that instructors may have their own attendance policies that are stricter than the University policy.

## **Leave Of Absence**

You may take a leave of absence for one term due to extenuating circumstances. You must meet with the Extension program director to request a Leave of Absence form, and submit a written explanation. If a leave of more than one term is taken, the student will automatically be withdrawn from the program. Excluding the time taken for leave, the certificate program must be completed within the two-year time limit.

## **Withdrawal from the Program**

Withdrawal from the program requires the submission of a Withdrawal Form and an exit interview with the Extension program director. Following withdrawal from the program, if you wish to reapply you are required to complete a new application for admission. Upon readmission, after an absence of one year or more, you will be required to complete the program of study that is in place in the term in which you return. All re-admission is subject to approval.

## **Grading Policy**

Five Branches University uses a letter grading system (A, B, C, F) for all academic courses and grades of credit/ no credit (CR/NC) for all bodywork and clinic courses. Each course syllabus describes the course's grading procedure. To remain in good academic standing, students are required to maintain a minimum term and cumulative grade point average of 2.50 or higher.

## **Other Grade Notations**

The following grades have no corresponding grade points and are not calculated into the Student's GPA.

- Audit (AUD) is given as a grade only when a non-clinic course previously taken and passed by a student is being repeated for no units/hours of credit.
- Transfer Credit (TC) courses are awarded the letter grade that was received from the transferring institution.
- In Progress (IP) signifies current enrollment in courses in an ongoing term.
- Students who drop a course when less than 80% of the course remains will

receive a grade of W (withdrawn) for didactic courses, and a grade of NC (no credit) for practical and clinical courses.

- Incomplete (I) signifies that a portion of the required work for an academic course has not been completed. Should a student wish to receive credit for a course in which an incomplete grade (I) has been converted to an (F), the student must repeat the course. A failed course can only be repeated once. Once the course is completed with a passing grade the (F) grade will no longer calculate into the GPA.

## **Standards of Professionalism**

The Standards of Professionalism policies are intended to protect the rights of all students, faculty, staff and patients at Five Branches University while on campus and at all sponsored events. Five Branches University may impose discipline for violation of these standards of professionalism including, but not limited to dishonesty, disrespect, disrupting a professional atmosphere, substance abuse, and sexual harassment.

### **Dress Code and Hygiene**

Students are required to wear a white button up clinic/spa shirt with sleeves and must wear it at all times while attending clinic courses. Clinic attire is an expression of professionalism and hygiene; not a fashion statement. Students are also required to wear a nametag with the correct student status on their clinic/spa shirt. Do not under any circumstances use a clinic/spa shirt belonging to another student or supervisor.

Students are responsible for wearing clinic and classroom attire that is neat, clean and ready for clinical contact at all times. Inappropriate attire includes: shorts, T-shirts, worn-out denim jeans, open-toed shoes, dirty or worn-out tennis shoes and dirty or wrinkled clothing.

Student must maintain immaculately clean hands, nails and fresh breath at all times. Hands are required to be clean and fingernails clean and trim. Students should have their own fingernail brush available at the clinic.

Do not wear fragrances or perfumes, which can be an irritant or trigger adverse reactions in patients with allergies or multiple chemical sensitivities.

Personal hygiene is very important. Hair must be neatly arranged with long hair tied back. Do not come to the clinic unshaved or with wet, untidy or dirty hair.

A Dress and Hygiene Reminder form will be sent to students who are not in compliance or need to improve their professional appearance. The supervising clinician and clinic manager will distribute a reminder form directly to the student as needed. A copy will be placed into the student's permanent file.

## **Draping Policies**

Five Branches University maintains strict standards of draping and modesty. No exposure of a person's private genital region will be permitted. Women are required to use a chest towel at all times and to keep the breast tissue covered. Students are taught to drape with care, intention, and regard for modesty and comfort and to always respect the rights of the person they are treating, be it a classmate or a client.

## **Review Process**

Review of a student's academic progress is performed each term, including the review of all final course and clinic grades, evaluations by the faculty, and attendance rosters. Any student who does not meet the established criteria for normal academic progress and professionalism will be referred to the Student Progress Review Committee.

## **Student Progress Review Committee**

The Student Progress Review Committee (SPRC) reviews academic progress of students to ensure their success in the program. Students who need assistance to maintain good academic standing are required to meet with the SPRC to devise a plan to improve their academic performance.

Students may ask the SPRC for help in finding tutors and/or other resources to assist with successful completion of the program.

The SPRC is responsible for ensuring a fair and impartial disciplinary process for students who breach standards of professionalism. Most cases are resolved in ways that serve to foster the ethical development and personal integrity of students, and to provide a safe and comfortable campus environment.

## **Academic Warning**

Students unable to maintain a term GPA of 2.50 or adhere to standards of professionalism are placed on academic warning or probation. Students will be notified by letter of the reasons that led to this action and an explanation of the corresponding satisfactory academic progress requirements for the ensuing term. Student enrollment is subject to review until the student returns to good academic or professional standing.

## **Academic Probation and Dismissal**

Students who fail to meet their warning term requirement(s) by the end of the warning term, will be placed on Academic Probation for the ensuing term. Students must successfully appeal the probation in order to enroll for future courses. Students are placed on Academic Probation for a period no longer than one (1) term. Failure to return to good academic and/or professional standing will result in dismissal from the program.

## **Re-Application after Academic Dismissal**

The University will not consider applications from students who have had their

enrollment terminated at the University through academic dismissal for at least one year. A dismissed student who wishes to re-apply for admittance will be required to submit a new application, statement of purpose, resume, application fee, and letters of recommendation. Upon returning the student will be required to complete the program of study that is in place in the term in which they return. All re-admission is subject to approval.

### **Academic Appeal**

The Student Progress Review Committee (SPRC) is responsible for reviewing and approving appeals. Appeals must be submitted to the SPRC in writing, describing any extenuating or mitigating circumstances that prevented compliance with Five Branches University policies. An appeal must explain what has changed in the student's situation, and the precise steps the student will take or is taking to regain good academic standing.

### **Grievance Procedure**

Students who have complaints concerning administrative or academic policy may submit the grievance in writing to the Student Progress Review Committee (SPRC). The SPRC will review the complaint and gather all relevant information prior to making a decision.

If the complainant is dissatisfied with the decision of the SPRC, she/he may submit a written appeal with all relevant documentation to the academic dean and the president. Following this, the matter may be given to the board of directors for final review.

If the complainant has made full recourse of the University's grievance procedure, and believes the University did not address their complaint, the student may contact the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's internet website [www.bppe.ca.gov](http://www.bppe.ca.gov).

### **Student Records**

In compliance with the Family Education Right to Privacy Act (FERPA), student academic records are maintained by the Office of the Registrar. A student record contains all documents relating to a students' activities at Five Branches including, but not limited to: admissions, grade reports and transcripts, registration, tuition payments, correspondence, and health documents.

The University does not release school records or any other information about a student to any third party without the consent of the student, except as allowed by law.

Students may view an unofficial copy of their transcript and/or request an official copy through the University's student web portal. The University permanently maintains records of academic progress.

## **Non-discrimination Policy**

Five Branches University is an equal opportunity institution and does not discriminate on the basis of age, race, color, religion, national origin, ethnicity, gender, or sexual orientation, in the administration of admission, educational policies or employment. The University abides by Title II of the Americans with Disabilities Act, which prohibits discrimination against any "qualified individual with a disability."

## **Notice Concerning Transferability of Credits and Credentials Earned at our Institution**

The transferability of credits you earn at Five Branches University is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate(s) you earn in Asian Bodywork or Medical Qigong is also at the complete discretion of the institution to which you may seek to transfer. If the certificate(s) that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Five Branches University to determine if your certificate(s) will transfer.

## **Graduation and Granting of Certificates**

Extension Program students are eligible for certification after the completion of all didactic and clinical coursework within each level of certification in good academic standing and with no outstanding financial obligations to the University.

## **Massage Licensure**

Students who complete Asian Bodywork certification programs through our Extension department are eligible for California licensure as a Certified Massage Therapist through the California Massage Therapy Council, and may be eligible for State or National licensure depending on applicable law. Regulations and requirements may vary in each state (see section on National Massage Licensure below).

### **California Massage Licensure [21]**

Voluntary certification is available for students wishing to practice massage in California. Students may obtain a Certified Massage Therapist (CMT) licensure in California. All program required coursework must be successfully completed to be eligible to apply for licensing in California. All accounts with the administration, clinic, and library must be clear. Students must notify the administration of their intention to apply for a massage license, allowing adequate time for processing of paperwork to the California Massage

Therapy Council.

For the latest information about California Massage licensing in California contact:

California Massage Therapy Council

One Capitol Mall, Suite 320

Sacramento, CA 95814

Phone: (916) 669-5336

Fax: (916) 669-5337

Email: [acupuncture@dca.ca.gov](mailto:acupuncture@dca.ca.gov)

<https://www.camtc.org/>

## National Licensure

Depending on your area of interest, expertise and the requirements of your individual state, you may need to take the MBLEx (Massage & Bodywork Licensing Examination), NCETM (National Certification Examination for Therapeutic Massage), or NCETMB (National Certification Examination for Therapeutic Massage & Bodywork). At least one of these exams--plus any additional state exams or requirements--may be used to become a licensed massage therapist.

For the latest information concerning national exams, contact:

### MBLEx

Federation of State Massage Therapy Boards

Massage & Bodywork Licensing Exam Office

150 4th Avenue North, Suite 800, Nashville, TN 37219

Phone: 866.962.3926

Email: [mblex@fsmtb.org](mailto:mblex@fsmtb.org)

<https://www.fsmtb.org/content/?id=60>

### NCETCM & NCETMB

National Certification Board for Therapeutic Massage & Bodywork (NCBTMB)

1901 South Meyers Road, Suite 240

Oakbrook Terrace, IL 60181

<http://www.ncbtmb.org/licensure/licensing>

## Additional Licensure Information

For additional information on state licensure requirements and contact information for the regulatory agency for massage and bodywork located in each state go to:

[http://www.massagetherapy.com/\\_content/careers/MTreg.pdf](http://www.massagetherapy.com/_content/careers/MTreg.pdf).

Certificates may not be recognized for some employment positions, including, but not limited to, positions with the State of California.

## **Medical Qigong Licensure [21]**

The practice of Medical Qigong is not regulated within the United States. Our students are encouraged to check their applicable State regulations on the practice of any health profession, including laws on diagnosing and treating patients.

## **California Business and Professional Code**

Pursuant to California Business and Professions Code section 4611, It is an unfair business practice for a person to do any of the following:

- (a) To hold himself or herself out or to use the title of “certified massage therapist” or “certified massage practitioner,” or any other term, such as “licensed,” “certified,” “CMT,” or “CMP,” in any manner whatsoever that implies or suggests that the person is certified as a massage therapist or massage practitioner, unless that person currently holds an active and valid certificate issued by the California Massage Therapy Council.
- (b) To falsely state or advertise or put out any sign or card or other device, or to falsely represent to the public through any print or electronic media, that he or she or any other individual is licensed, certified, or registered by a governmental agency as a massage therapist or massage practitioner.

## **California Massage Therapy Council**

A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy council at: One Capitol Mall, Suite 320, Sacramento, CA 95814, [www.camtc.org](http://www.camtc.org), Phone [\(916\) 669-5336](tel:(916)669-5336), or Fax (916) 669-533

## **The Bureau for Private Postsecondary Education**

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to: The Bureau for Private Postsecondary Education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833 or P.O. Box 980818 West Sacramento, CA 95798-0818, [www.bppe.ca.gov](http://www.bppe.ca.gov), (888) 370-7589 or by fax (916) 263-1897

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's internet website: [www.bppe.ca.gov](http://www.bppe.ca.gov).

## **BPPE Required Disclosure**

Five Branches University does not have a pending petition in bankruptcy, is not operating as a debtor in possession, and has not filed a petition within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code.

## **Contact Us**

Please call the Extension Admissions Director for more information and to schedule a campus tour:

- In San Jose - Sumedha Goh or Catherine Ng, (408) 260-0208  
Email [sjextension@fivebranches.edu](mailto:sjextension@fivebranches.edu)
- In Santa Cruz - Chad Lanphear, (831) 476-9424  
Email [scextension@fivebranches.edu](mailto:scextension@fivebranches.edu)